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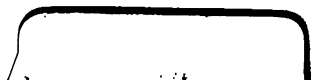
A VISITATION MANUAL



REV. W. E. HEYGATE



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A VISITATION MANUAL.

BY THE
REV. W. E. HEYGATE, M.A.,
RECTOR OF BRIGHTSTONE.



London:
WALTER SMITH, (LATE MOZLEY AND SMITH,)
6, PATERNOSTER ROW,
1880.

128 i 527

LONDON:
R. CLAY, SONS, AND TAYLOR,
BREAD STREET HILL, E.C.

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PREFACE.

THIS little volume may perhaps look retrograde. It has not anything like the number of offices, nor the quantity of matter to be found elsewhere. It contains little which is responsorial; because even that small quantity of this beautiful form of devotion which is contained in the Visitation Service is generally often impracticable, for the priest has to say the responses, or pass them by. Its aim is only to be portable, and legible in dark corners of sick rooms, and in almost windowless attics.

If I could carry several books about with me, which I cannot well do; and if I could trust myself always to find at once the right psalm, scripture, prayers, and hymns, I should then take with me a Bible, Prayer-book, Hymn-book, and some other book of prayers, collects, and litanies, as my companions in visiting.

But suppose that I take only my Prayer-book and this book, and borrow a Bible in the house, then I have diminished my difficulty. The advantage of borrowing a Bible will be not merely that of convenience, but the means of ascertaining whether the house contains a Bible, and perhaps of using one larger and more legible than a pocket volume.¹ Besides, many poor people like to be read to out of their own Bibles, and are influenced by the thought that it is

The old family Bible is becoming a thing of the past. The poor have small Bibles almost illegible, or large illustrated books too valuable and cumbersome to be used. Is it not worth our while to try and stem this growing evil, by supplying large Bibles, but not too large?

their own. References, however, to Epistles and Gospels are given, lest at any time a legible Bible should not be obtainable.¹

Assuming that the service of the Visitation of the Sick is that service which we are all bound to use, and which the longer we minister we are the more thankful to use, I have tried to make the offices here printed run parallel with it or correspond to it. It may be that, excepting the exhortation, all the service must be gone through at once, and the communion of the sick follow immediately; and then the sick person may die without any more help from his pastor. It may be that after this he may linger, and then the offices here given may be used to make good and perfect the necessarily hasty work just described. It may be, and is more likely to be the case, that time will serve for a more thorough treatment, that step by step the work may be made good, and that additional matter may thus be imported into a visitation which is thus spread over some time, and carried out *on the lines of our service.*

Thus, after the short exhortation, if there be great agony or impatience, a special office may come in and the Visitation Service be suspended. So again, in or after the examination of the sick man's faith, there may be need of enlargement in trying to bring him to thorough repentance, to forgiveness of enemies, to restitution, to confession; appropriate scriptures and prayers may be wanted, after which the service could proceed to the end; all which might take up days or weeks.

Then after all this, if the sick man lives, the work should still be progressive, and deeper views of sin, and greater gratitude, and faith, and higher views of suffering, and brighter hopes of paradise and resurrection and heaven, should be supplied. _ Alas! I feel

¹ If my younger brethren, happy in still having the power of learning by heart and retaining what they learn, would commit psalms and scriptures to memory, they would find them invaluable in dark rooms and in sudden unexpected visitations, as for example, the penitential psalms, and Psalms xxii. ciii., cxxxix., Isaiah liii., St. John xiv., 1 John i., 2 Corinthians iv. and v. The same may be said of collects and hymns.

how often, how commonly rather, my treatment of the sick has been variable, discontinuous, inconsistent perhaps, and in result unprogressive.

It will be observed that in these offices, many psalms, scriptures, hymns are supplied, so that the priest has not only a choice, but materials for several visitations with the same special object if he wishes to make any step more secure. In some cases the friends of the sick might read psalms and scriptures thus suggested for the priest during the intervals between his visits.

In chronic cases, there seems no reason why the invalid should not enjoy at home much of what he loses by his absence from church; and why our ministrations to him should not consist, especially at holy seasons or festivals, of portions of the daily offices of the Church with the epistle or gospel, a lesson, and hymns, and collects well known, understood, and beloved.

In such cases also, readings from devotional books, adapted and simplified whilst being read, are a great resource.

The order for the Visitation and the Communion of the Sick is printed in order to secure a large type, and at the request of one very dear to me, that for Private Baptism is added. I shall be very grateful for corrections and suggestions, feeling strongly that they are much needed, and thus I commit this little book to the kind trial of my brethren. If it is not what they want, let it fail. If it is, may it be improved, and may it be blessed.

W. E. H.

SUGGESTIONS

ON VISITING THE SICK.

AD TIRONEM.

Be calm and gentle in tone and manner; and unless the case makes it unsuitable, cheerful. By all means avoid the least appearance of hurry. We are not bound to do more than we can. One duty well done at a time. If however there be a more urgent case further on, there is no harm in looking in, and saying why you cannot stay. This will always be understood and appreciated.

In extremis begin the Visitation Office at once, pausing at times, if needful.

Where there is no immediate danger, the office may well be broken off, and continued at intervals during subsequent visits, with or without the help of the services in this book.

In chronic cases, first give the Salutation, then gently inquire after the health of the sick person, how he feels, &c. See that he is comfortable in posture; and then, with a change of manner, begin to read.

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Never shake the bed, nor stand over the patient, except to hear what he wishes to say to you. If he wants to talk much, sit down by him, or kneel.

Read slowly, distinctly, softly, making pauses, both that the patient may take in fully what is said, and gather strength for more. It is well to ask, "Can you hear me?" and if you are commenting, or addressing the sick man, "Am I plain? Would you like that again?"

Do not mind being interrupted. If the patient wants his posture changed, let it be done. If he speaks to you, listen quietly and answer. You need not be afraid to interrupt yourself, break off, and speak, if there is a good reason for it.

Avoid argument. Do not be stiff about religious proprieties. It is better to read kneeling, or even to pray sitting rather than to exhaust the sick person, or agitate him by moving.

Suggest thoughts, texts, ejaculations to the sick.

Suggest scriptures, psalms, prayers, &c., for friends to use with the patient between your visits.

Gently discourage friends and nurses from crowding round the bed; and ask to be left alone with the sick person, when the right time comes for this.

Avoid whispering, and talk about the sick person in another room, if possible.

Ask a dying parent or master to give a few parting counsels to those who respect him.

If a person is dying, and you are near him, it is well to see him repeatedly, by day and by night, if he and his friends desire it. Ask them what they wish, and then do your best consistently with your other work.

As to the length of visits, no rule can be laid down. Generally, the sick man cannot bear more than ten or fifteen minutes. You must observe him, and see what he wishes, neither letting him think you in a hurry to be gone, nor wearying him by remaining.

When you communicate the sick person, do what you fairly can to have your surplice and stole and holy vessels; but do not consider them indispensable, nor ever put off the sacrament for want of them, when the case becomes urgent, either by the nature of the sickness, or the earnest desire of the sick person. Set the table at a convenient distance from the bed. Let your ritual be as simple as possible. Place the communicants so as not to interfere with your movements. Find their places for them in their books, if they are likely to need this assistance. Ask them to remain kneeling during the whole service. Have the sick person propped up, if he wishes it; or wait for this to be done just before he communicates. Let his portion of the Eucharist be small. Have a spoon at hand, if he is likely to be unable to partake from the Chalice.

Allow him plenty of time before he begins to communicate, and between each act, and pause afterwards for him to revive before you proceed. Do not make a point of his hearing everything; but be very distinct and slow during the confession, absolution, prayer of lowly access, consecration, and blessing, which last you will say turning towards him. When the service is over, cleanse the vessels in another room, if possible; and leave the sick room without conversing. A smile and a pressure of the hand will suffice, with God bless you, my dear friend, or good-bye, unless the sick person seems to wish you to stay; and as a rule the sick man's wish is our law. There must be a strong reason indeed to justify our not doing what he desires.

Order of the Visitation of the Sick.

When any person is sick, notice shall be given thereof to the Minister of the Parish; who, coming into the sick person's house, shall say,

PEACE be to this house, and to all that dwell in it.

When he cometh into the sick man's presence he shall say, kneeling down,

REMEMBER not, Lord, our iniquities, nor the iniquities of our forefathers: Spare us, good Lord, spare Thy people, whom Thou hast redeemed with Thy most precious blood, and be not angry with us for ever.

Answer. Spare us, good Lord.

Then the Minister shall say,

Let us pray.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

OUR Father, which art in heaven, Hallowed be Thy Name. Thy kingdom come. Thy will be done in earth, as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil. Amen.

Minister. O Lord, save Thy servant ;

Answer. Which putteth *his* trust in Thee.

Minister. Send *him* help from Thy holy place ;

Answer. And evermore mightily defend *him*.

Minister. Let the enemy have no advantage of *him* ;

Answer. Nor the wicked approach to hurt *him*.

Minister. Be unto *him*, O Lord, a strong tower,

Answer. From the face of *his* enemy.

Minister. O Lord, hear our prayers.

Answer. And let our cry come unto Thee.

Minister.

OUR LORD, look down from heaven, behold, visit, and relieve this Thy servant. Look upon *him* with the eyes of Thy mercy, give *him* comfort and sure confidence in Thee, defend *him* from the danger of the enemy, and keep *him* in perpetual peace and safety ; through Jesus Christ our Lord. Amen.

HEAR us, Almighty and most merciful God and Saviour ; extend Thy accustomed goodness to this Thy servant who is grieved with sickness. Sanctify, we beseech Thee, this Thy Fatherly correction to *him* ; that the sense of *his* weakness may add strength to *his* faith, and seriousness to *his* repentance : That, if it shall be Thy good pleasure to restore *him* to *his* former health, *he* may lead the residue of *his* life in Thy fear, and to Thy glory : or else, give *him* grace so to take Thy visitation, that, after this painful life ended, *he* may dwell with Thee in life everlasting ; through Jesus Christ our Lord. *Amen.*

Then shall the Minister exhort the sick person after this form, or other like.

DEARLY beloved, know this, that Almighty God is the Lord of life and death, and of all things to them pertaining, as youth, strength, health, age, weakness, and sickness. Wherefore, whatsoever your sickness is, know you certainly, that it is God's visitation. And for what cause soever this sickness is sent unto you ; whether it be to try your patience for the example of others, and that your faith may be found in the day of the Lord laudable, glorious, and honourable, to the increase of glory and endless felicity ; or else it be sent unto you to correct and amend in you whatsoever doth offend the eyes of

your heavenly Father; know you certainly, that if you truly repent you of your sins, and bear your sickness patiently, trusting in God's mercy for His dear Son Jesus Christ's sake, and render unto Him humble thanks for His fatherly visitation, submitting yourself wholly unto His will, it shall turn to your profit, and help you forward in the right way that leadeth unto everlasting life.

If the person visited be very sick, then the Curate may end his exhortation in this place, or else proceed.

TAKE therefore in good part the chastisement of the Lord: For (as Saint Paul saith in the twelfth chapter to the Hebrews) whom the Lord loveth He chasteneth, and scourgeth every son whom He receiveth. If ye endure chastening, God dealeth with you as with sons; for what son is he whom the Father chasteneth not? But if ye be without chastisement, whereof all are partakers, then are ye bastards and not sons. Furthermore, we have had fathers of our flesh, which corrected us, and we gave them reverence: shall we not much rather be in subjection unto the Father of spirits, and live? For they verily for a few days chastened us after their own pleasure; but He for our profit, that we might be partakers of His holiness. These words, good *brother*, are written in holy Scripture for our comfort and instruction; that we should patiently, and with thanksgiving,

bear our heavenly Father's correction, whensoever by any manner of adversity it shall please His gracious goodness to visit us. And there should be no greater comfort to Christian persons, than to be made like unto Christ, by suffering patiently adversities, troubles, and sicknesses. For He Himself went not up to joy, but first He suffered pain ; He entered not into His glory before He was crucified. So truly our way to eternal joy is to suffer here with Christ ; and our door to enter into eternal life is gladly to die with Christ ; that we may rise again from death, and dwell with Him in everlasting life. Now therefore, taking your sickness, which is thus profitable for you, patiently, I exhort you, in the Name of God, to remember the profession which you made unto God in your Baptism. And forasmuch as after this life there is an account to be given unto the righteous Judge, by whom all must be judged, without respect of persons, I require you to examine yourself and your estate, both toward God and man ; so that, accusing, and condemning yourself for your own faults, you may find mercy at our heavenly Father's hand for Christ's sake, and not be accursed and condemned in that fearful judgment. Therefore I shall rehearse to you the Articles of our Faith, that you may know whether you do believe as a Christian man should, or no.

Here the Minister shall rehearse the Articles of the Faith, saying thus,

DOST thou believe in God the Father Almighty,
Maker of heaven and earth?

And in Jesus Christ His only-begotten Son our Lord? And that He was conceived by the Holy Ghost, born of the Virgin Mary; that He suffered under Pontius Pilate, was crucified, dead, and buried; that He went down into hell, and also did rise again the third day; that He ascended into heaven, and sitteth at the right hand of God the Father Almighty; and from thence shall come again at the end of the world, to judge the quick and the dead?

And dost thou believe in the Holy Ghost; the Holy Catholic Church; the Communion of Saints; the Remission of sins; the Resurrection of the flesh; and everlasting life after death?

The sick person shall answer,
All this I steadfastly believe.

Then shall the Minister examine whether he repent him truly of his sins, and be in charity with all the world; exhorting him to forgive from the bottom of his heart, all persons that have offended him; and if he hath offended any other, to ask them forgiveness; and where he hath done injury or wrong to any man, that he make amends to the uttermost of his power. And if he hath not before disposed of his goods, let him then be admonished to make his Will, and to declare his Debts, what he oweth and what is owing unto him; for the better discharging of his conscience, and the quietness of his Executors. But men

should often be put in remembrance to take order for the settling of their temporal estates, whilst they are in health.

These words before rehearsed may be said before the Minister begin his Prayer, as he shall see cause.

The Minister should not omit earnestly to move such sick persons as are of ability to be liberal to the poor.

Here shall the sick person be moved to make a special Confession of his sins, if he feel his conscience troubled with any weighty matter. After which Confession, the Priest shall absolve him (if he humbly and heartily desire it) after this sort.

OUR Lord Jesus Christ, who hath left power to His Church to absolve all sinners who truly repent and believe in Him, of His great mercy forgive thee thine offences: And by His authority committed to me, I absolve thee from all thy sins, In the Name of the Father, and of the Son, and of the Holy Ghost. Amen.

And then the Priest shall say the Collect following.

Let us pray.

MOST merciful God, who, according to the multitude of Thy mercies, dost so put away the sins of those who truly repent, that Thou rememberest them no more; Open Thine eye of mercy upon this Thy servant, who most earnestly desireth pardon and forgiveness. Renew in *him*, most loving Father, whatsoever hath been decayed by the fraud and malice of the devil, or by *his* own carnal will and frailness; preserve and continue this sick member in

the unity of the Church; consider *his* contrition, accept *his* tears, assuage *his* pain, as shall seem to Thee most expedient for *him*. And forasmuch as *he* putteth *his* full trust only in Thy mercy, impute not unto *him* *his* former sins, but strengthen *him* with Thy blessed Spirit; and when Thou art pleased to take *him* hence, take *him* unto Thy favour, through the merits of Thy most dearly beloved Son Jesus Christ our Lord. *Amen.*

Then shall the Minister say this Psalm.

In te, Domine, speravi. Psalm lxxi.

IN Thee, O Lord have I put my trust; let me never be put to confusion: but rid me, and deliver me in Thy righteousness; incline Thine ear unto me, and save me.

Be Thou my strong hold, whereunto I may alway resort: Thou hast promised to help me; for Thou art my house of defence, and my castle.

Deliver me, O my God, out of the hand of the ungodly: out of the hand of the unrighteous and cruel man.

For Thou, O Lord God, art the thing that I long for: Thou art my hope, even from my youth.

Through Thee have I been holden up ever since I was born: Thou art He that took me out of my mother's womb; my praise shall alway be of Thee.

I am become as it were a monster unto many :
but my sure trust is in Thee.

O let my mouth be filled with Thy praise : that I
may sing of Thy glory and honour all the day long.

Cast me not away in the time of age : forsake me
not when my strength faileth me.

For mine enemies speak against me, and they
that lay wait for my soul take their counsel together,
saying : God hath forsaken him, persecute him, and
take him ; for there is none to deliver him.

Go not far from me, O God : my God haste Thee
to help me.

Let them be confounded and perish that are
against my soul : let them be covered with shame
and dishonour that seek to do me evil.

As for me, I will patiently abide alway : and will
praise Thee more and more.

My mouth shall daily speak of Thy righteousness
and salvation : for I know no end thereof.

I will go forth in the strength of the Lord God :
and will make mention of Thy righteousness only.

Thou, O God, has taught me from my youth up
until now : therefore will I tell of Thy wondrous
works.

Forsake me not, O God, in mine old age, when I
am gray-headed : until I have shewed Thy strength
unto this generation, and Thy power to all them that
are yet for to come.

Thy righteousness, O God, is very high, and great things are they that Thou hast done: O God who is like unto Thee?

Glory be to the Father, and to the Son: and to the Holy Ghost;

As it was in the beginning, is now, and ever shall be: world without end. Amen.

Adding this.

O SAVIOUR of the world, Who by Thy Cross and precious Blood hast redeemed us, Save us, and help us, we humbly beseech Thee, O Lord.

Then shall the Minister say,

THE Almighty Lord, Who is a most strong tower to all them that put their trust in Him, to whom all things in heaven, in earth, and under the earth, do bow and obey, be now and evermore thy defence; and make thee know and feel, that there is none other Name under heaven given to man, in whom, and through whom, thou mayest receive health and salvation, but only the Name of our Lord Jesus Christ. Amen.

And after that shall say,

UNTO God's gracious mercy and protection we commit thee. The Lord bless thee and keep thee. The Lord make His face to shine upon thee,

and be gracious unto thee. The Lord lift up His countenance upon thee, and give thee peace, both now and evermore. *Amen.*

A Prayer for a sick child.

O ALMIGHTY God, and merciful Father, to whom alone belong the issues of life and death ; Look down from heaven we humbly beseech Thee, with the eyes of mercy upon this child now lying upon the bed of sickness : Visit *him*, O Lord, with Thy salvation ; deliver *him* in Thy good appointed time from *his* bodily pain, and save *his* soul for Thy mercies' sake : That, if it shall be Thy pleasure to prolong *his* days here on earth, *he* may live to Thee, and be an instrument of Thy glory, by serving Thee faithfully, and doing good in *his* generation ; or else receive *him* into those heavenly habitations, where the souls of them that sleep in the Lord Jesus enjoy perpetual rest and felicity. Grant this, O Lord, for Thy mercies' sake, in the same Thy Son our Lord Jesus Christ, who liveth and reigneth with Thee and the Holy Ghost, ever one God, world without end. *Amen.*

A Prayer for a sick person when there appeareth small hope of recovery.

O FATHER of mercies, and God of all comfort, our only help in time of need ; We fly unto Thee for succour in behalf of this Thy servant, here

lying under Thy hand in great weakness of body. Look graciously upon *him*, O Lord; and the more the outward man decayeth, strengthen *him*, we beseech Thee, so much the more continually with Thy grace and holy Spirit in the inner man. Give *him* unfeigned repentance for all the errors of *his* life past, and steadfast faith in Thy Son Jesus; that *his* sins may be done away by Thy mercy, and *his* pardon sealed in heaven, before *he* go hence, and be no more seen. We know, O Lord, that there is no word impossible with Thee; and that, if Thou wilt, Thou canst even yet raise *him* up, and grant *him* a longer continuance amongst us: Yet, forasmuch as in all appearance the time of *his* dissolution draweth near, so fit and prepare *him*, we beseech Thee, against the hour of death, that after *his* departure hence in peace, and in Thy favour, *his* soul may be received into Thine everlasting kingdom, through the merits and mediation of Jesus Christ, Thine only Son, our Lord and Saviour. *Amen.*

A commendatory Prayer for a sick person at the point of departure.

O ALMIGHTY God, with whom do live the spirits of just men made perfect, after they are delivered from their earthly prisons; we humbly commend the soul of this Thy servant, our dear brother, into Thy hands, as into the hands of a

faithful Creator, and most merciful Saviour; most humbly beseeching thee, that it may be precious in Thy sight. Wash it, we pray Thee, in the blood of that immaculate Lamb, that was slain to take away the sins of the world; that whatsoever defilements it may have contracted in the midst of this miserable and naughty world, through the lusts of the flesh, or the wiles of Satan, being purged and done away, it may be presented pure and without spot before Thee. And teach us who survive, in this and other like daily spectacles of mortality, to see how frail and uncertain our own condition is; and so to number our days, that we may seriously apply our hearts to that holy and heavenly wisdom, whilst we live here, which may in the end bring us to life everlasting, through the merits of Jesus Christ Thine only Son our Lord. *Amen.*

A Prayer for persons troubled in mind or in conscience.

O BLESSED Lord, the Father of mercies, and the God of all comforts; We beseech Thee, look down in pity and compassion upon this Thy afflicted servant. Thou writest bitter things against *him*, and makest *him* to possess *his* former iniquities; Thy wrath lieth hard upon *him*, and *his* soul is full of trouble: But, O merciful God, who hast written Thy holy Word for our learning, that we, through patience and comfort of Thy holy Scriptures, might

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have hope ; give *him* a right understanding of *himself*, and of Thy threats and promises ; that *he* may neither cast away *his* confidence in Thee, nor place it any where but in Thee. Give *him* strength against all *his* temptations, and heal all *his* distempers. Break not the bruised reed, nor quench the smoking flax. Shut not up Thy tender mercies in displeasure ; but make *him* to hear of joy and gladness, that the bones which Thou hast broken may rejoice. Deliver *him* from fear of the enemy, and lift up the light of Thy countenance upon *him*, and give *him* peace, through the merits and mediation of Jesus Christ our Lord. *Amen.*

Submission.

Salutation. "Peace," &c.

Let us pray.

Lord have mercy, &c.

Our Father, &c.

Psalms, one or more, 27, 118, 123, 141, 142, 143.

Lesson.—See under AFFLICTION, MURMURING, PATIENCE, PROVIDENCE. *Epistle* 3, 4, *S. after Trinity.*

Comment on Lesson, unless undesirable.

The Creed.

Collects.—3, 4, *S. after Epiphany, Septuagesima, 4 S. in Lent, S. before Easter.*

Let us pray.

O CHRIST JESU, my Refuge, my Lord, I believe and hope in Thee, and with my whole heart I love Thee. Whom have I in heaven but Thee? And there is nothing on earth that I desire in comparison of Thee. What shall I desire? What shall I fear? I know not my going out, or my coming in; Thou knowest: do with me what pleaseth Thee. My times are in Thy hands. In death, or in life, I

will lift up mine eyes unto Thee. To whom shall I look but unto Thee? I will wait in silence for Thy salvation; and I beg this of Thee, that I may love Thee more and more, O Blessed Jesus, Who with the Father, &c.

Hymns 1, 2. The Grace.

Faith.

Salutation.

Lord have mercy, &c.

Our Father, &c.

Psalms 3, 4, 18, 20, 23, 27, 42, 43, 46, 56, 121, 125.

In case of sceptical feelings, 37, 73.

Lesson.—See **WORLDLY ANXIETIES, DOUBT, FAITH, PROVIDENCE.** *Gospel* *Trinity S.* 15 *S. after Trinity.* *Epistle* 16 *S. after Trinity.* *Epistle S. Andrew.* *Gospel S. Thomas.*

Comment.—See “Help to believe aright,” *if needed.*

The Creed.

Let us pray.

MY Lord and my God, with a full, free and firm assent I believe all the Articles of the Faith, because Thou hast revealed them. I know that Thou art Truth, and canst not deceive me; that Thou art Love, and wilt not deceive me. Lord, daily increase my faith; make it active, fruitful, sure, that I may believe and love Thee as I ought, Amen.

O Thou Who hast borne witness to the truth of Thy
Gospel

By many and various wonders,
In the ever-memorable lives of Thy Saints,
In their supernatural endurance of torments,
In the overwhelming conversion of all lands to the
obedience of the Faith,
Without might, or persuasion, or compulsion,
Blessed be Thy Name,
And glorified and hallowed,
Both now and for evermore. Amen.

Collects.—*S. Thomas, Trinity S., 14 S. after Trinity,*
21 S., S. Mark.

Hymns 3, 4. The Grace.

Penitence.

Salutation.

Lord have mercy, &c.

Our Father, &c.

Psalms 6, 32, 38, 51, 79, 80, 102, 130, 143.

Lesson.—CONSCIENCE, JUDGMENT, MERCY AND JUSTICE,
PENITENCE, REPROBATION, RESTITUTION, SIN WILL OUT,
CONTINUANCE IN SIN, TALENTS WASTED. *Epistle*
Advent S. Epistle S. John. Epistle Ash Wednesday.
Gospel 10 S. after Trinity.

Comment, or Second Exhortation in the Communion.

To be used if needed.

THE DAY OF JUDGMENT.

How fearful is Thy Judgment, O Lord !

When the thrones are set,
And Angels stand around,
And men are brought in,
The books opened ;
The works inquired into,
The thoughts examined,
And the hidden things of darkness.

What judgment shall be upon me ?

Who shall quench my flame ?

Who shall lighten my darkness

If Thou pity me not ?

Lord, as Thou art loving,

Give me tears.

For then will be the incorruptible Judge,

The answer without excuses,

The charges which cannot be answered,

The shameful punishment,

The yawning hell,

The unquenchable flame.

But I repent, Lord, O Lord, I repent,

Help Thou my impenitence,

And more, and still more,

Pierce, rend, crush my heart ;

I stretch forth my hands unto Thee
For pardon, for pity.
Out of the deep my soul crieth unto Thee,
Lord, hear my voice,
For His sake who for me
Was judged and condemned,
And crucified and died,
The Just for the unjust ;
To whom be glory and honour and praise,
For ever and ever. Amen.

“ Examination of Repentance,” and “ Help I. and III.,”
if wanted.

Let us pray.

The General Confession with pauses between the sentences ; or

BEHOLD me, O Lord, behold me ; the greatest the worst, the most wretched of sinners. And what shall I now say, or in what shall I open my mouth ? What shall I answer, when I am guilty, guilty ? I will go over my sins with Thee in the bitterness of my soul.

Try me, O God, and seek the ground of my heart ; prove me and examine my ways.

Look well if there be any way of wickedness in me ; and lead me in the way everlasting.

Merciful and pitiful Lord,
Long suffering and full of pity,
I have sinned, Lord, I have sinned against Thee ;
O me, wretched that I am,
I have sinned, Lord, against Thee
Much and grievously,
I conceal nothing :
I make no excuses.

Truly I have sinned before the Lord,
And thus — and thus — have I done.
Lord, be propitious unto me, a sinner ;
Even unto me, O Lord, of sinners
Chief, chiefest, and greatest.
I despise and hate my own self
That my penitence, Lord, O Lord,
Is not deeper, is not fuller ;
Help Thou my impenitence,
And more, and still more,
Pierce Thou, rend, crush my heart,
And remit, forgive, pardon
What things are grief to me,
And cleanse Thou me from my secret faults.

Prayers from the end of the Commination—

O Lord, &c. O most mighty God, &c.

O my Saviour Christ, Christ, my Saviour. May I
rather die than sin against Thee any more. Christ,
my Saviour, O my Saviour.

Collects.—*Septuagesima, Ash Wednesday, 4 S. in Lent,*
1 S. after Easter, 12, 21, 24, S. after Trinity.

Prayers.

LO, I cast all my sins, Blessed Jesus, into Thy deep and sorrowful wounds. What is wanting in me of contrition and penitence, do Thou vouchsafe mercifully to supply out of the riches of Thy satisfaction and Thy merits, Thy griefs, and pains, and toils, which Thou didst willingly take upon Thee, and didst sustain for us even to the most bitter death.

Empty my heart, O Lord, of all vain, idle, worldly thoughts and desires. Take from me this heart of stone, and give me a heart of flesh, a soft and melting heart, to fear Thee, love Thee, honour Thee, delight in Thee, and so to follow Thee that I may be for ever happy in Thee, through Jesus Christ our Lord. Amen.

Hymns, 5, 3, 6, 7, 8.

Commendation "Unto God's gracious mercy," &c.

Charity.

Salutation.

Lord have mercy, &c.

Our Father, &c.

Psalms 85, 103.

Lessons.—See CHARITY, RESTITUTION, *Epistle, 2, 3, 5, S. after Epiphany. Epistle, Quinquagesima. Gospel, 4 S. after Trinity. Epistle, 17 S. after Trinity. Gospel, 22 S. after Trinity.*

Comment.—

The Creed.

Collects.—*S. Stephen, Quinquagesima, 14 S. after Trinity.*

Prayers.

FORGIVE us, O Lord, as we forgive all our enemies their trespasses, which are less than nothing compared with ours against Thee; and bless **M**— or **N**— with a peculiar blessing, and make me to love him as myself, and think no more bitter thoughts of him, but thoughts of peace and love, through Jesus Christ.

O easy, O gracious condition of pardon! Who would not forgive his brother a few pence in this life to have ten thousand talents forgiven in the life to come! O Blessed Jesus, Who didst forgive Thine enemies when they nailed Thee to the Cross, how could I find it in my heart to keep a grudge

or ill-feeling against my brethren? Forgive me, and change my stony heart into a heart of love for Thy Merits Who, &c.

O God, Who biddest us dwell with one mind in Thine house, Of Thy mercy put away from us all that causeth us to differ, that through Thy bountiful goodness we may keep the unity of the spirit in the bond of peace.

We beseech Thee, Almighty God, that they for whom there is one Lord, one Faith, one Baptism, one God and Father of us all, may be all of the same mind and in charity one with another, that all may have one communion in Thee and with Thee evermore.

O God, who art Love, grant to them that are born of Thee, and eat of Thy Bread, out of sincere love to bear one another's burdens; that Thy peace, which passeth all understanding, may keep our hearts and minds in Christ Jesus our Lord, who with Thee and the Holy Ghost livest and reignest one God, world without end.

Hymns, 9, 10. Blessing.

Confession.

Salutation.

Lord have mercy, &c.

Our Father, &c.

Psalms 32, 139.

*Lessons.—Confession. Gospel 1 S. after Easter. 6 S.
after Trinity.*

Comment.—

The Creed.

Collect.

O LORD, we beseech Thee mercifully hear our prayers, and spare all those who confess their sins unto Thee; that they whose consciences by sin are accused, by Thy merciful pardon may be absolved, through Christ our Lord.

Prayer.

O Lord God, Who lightened every man that cometh into the world, let the light of Thy grace shine into the heart of this Thy servant, that he may fully know his shortcomings and sins, and may confess them with that sorrow and contrition of heart through, &c.

Here follows the sick man's confession.

Questions.

Do you abhor your sins from the bottom of your heart ?

Are you resolved to avoid all temptations and occasions of sin, as far as you possibly can ?

Will you strive and pray with all your power ?

Will you try to bring forth fruits meet for repentance ?

Are you in perfect charity with all men ?

The Absolution.

Prayer.

May the confession which Thy servant has made, O Lord, be well pleasing and acceptable in Thy sight, and whatsoever is wanting now or hereafter in his contention and confession, do Thou mercifully supply from the riches of Thy mercies and Thy goodness, through, &c.

We bless Thee, most loving Jesu, that Thou hast patiently waited for this Thy servant, and granted him pardon of his sins. Grant him the help of Thy grace that henceforth he may avoid sin, and serve Thee faithfully in the time that remains, for Thy merits to be, &c.

Hymn 8.

Commendation or Blessing.

Preparation for Holy Communion.

Salutation.

Lord have mercy, &c.

Our Father, &c.

Psalms 23, 123, 131.

Lesson.—See COMMUNION, *Thursday before Easter, Epistle.*

Comment.—

The Creed.

Prayers.

O Lord,

I am not worthy, I am not fit,
That Thou shouldest come under the roof of my
soul,

For it is all desolate and ruined,
Nor hast Thou in me fitting place to lay Thy
head.

But as Thou didst vouchsafe
To lie in the cavern and manger of brute cattle ;

As Thou didst not disdain
Woman like me, who was a sinner,
Coming to Thee and touching Thee ;

Nor the thief upon the cross
Confessing Thee ;

So too me, the ruined, wretched,
And excessive sinner,

Deign to receive ; deign to bestow on me
The saving mysteries
Of Thy all-holy Body
And Thy precious Blood.

I approach as sick to the Physician of life, as unclean to the fountain of mercy, as blind to the light of eternal brightness, as poor and needy to the Lord of Heaven and earth ; I beseech Thee to heal my infirmity, to wash away my uncleanness, to enlighten my blindness, to enrich my poverty, to clothe my nakedness ; that I may receive the bread of angels, the King of kings, and Lord of lords, with such reverence and humility, such contrition and devotion, such purity and faith, such resolution and intention as is good for my salvation, through, &c.

Hymn 11.

Blessing.

The Communion of the Sick.

Forasmuch as all mortal men be subject to many sudden perils, diseases and sicknesses, and ever uncertain what time they shall depart out of this life : therefore, to the intent they may be always in a readiness to die, whensoever it shall please Almighty God to call them, the Curates shall diligently from time to time (but especially in the time of pestilence, or other infectious sickness) exhort their Parishioners to the often receiving of the Holy Communion of the Body and Blood of our Saviour Christ, when it shall be publicly administered in the Church ; that so doing, they may, in case of sudden visitation, have the less cause to be disquieted for lack of the same. But if the sick person be

not able to come to the Church, and yet is desirous to receive the Communion in his house; then he must give timely notice to the Curate, signifying also how many there are to communicate with him (which shall be three, or two at the least), and having a convenient place in the sick man's house, with all things necessary so prepared, that the Curate may reverently minister, he shall there celebrate the Holy Communion, beginning with the Collect, Epistle, and Gospel, here following.

Collect.

Almighty, everliving God, Maker of mankind, who dost correct those whom Thou dost love, and chastise every one whom Thou dost receive; We beseech Thee to have mercy upon this Thy servant visited with Thine hand, and to grant that *he* may take *his* sickness patiently, and recover *his* bodily health (if it be Thy gracious will;) and whensoever *his* soul shall depart from the body, it may be without spot presented unto Thee; through Jesus Christ our Lord. *Amen.*

Epistle.

My son, despise not thou the chastening of the Lord, nor faint when thou art rebuked of Him. For whom the Lord loveth He chasteneth; and scourgeth every son whom He receiveth.

Gospel.

Verily, verily I say unto you, he that heareth My word, and believeth on Him that sent Me, hath everlasting life, and shall not come into condemnation; but is passed from death unto life.

Then shall the priest say to them that come to receive the Holy Communion.

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in His holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

Then shall this general Confession be made, in the name of all those that are minded to receive the Holy Communion, by one of the Ministers; both he and all the people kneeling humbly upon their knees, and saying,

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against Thy Divine Majesty, Provoking most justly Thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For Thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please Thee In newness

of Life, to the honour and glory of Thy Name; through Jesus Christ our Lord. Amen.

Then shall the Priest (or the Bishop being present), stand up, and turning himself to the people, pronounce this Absolution.

ALMIGHTY God, our heavenly Father, who of His great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto Him; Have mercy upon you: pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. Amen.

Then shall the Priest say,

Hear what comfortable words our Saviour Christ saith unto all that truly turn to Him.

COME unto me all that travail and are heavy laden, and I will refresh you. *St. Matth. xi. 28.*

So God loved the world, that He gave His only-begotten Son, to the end that all that believe in Him should not perish, but have everlasting life. *St. John iii. 16.*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, That Christ Jesus came into the world to save sinners. *1 Tim. i. 15.*

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous ; and He is the propitiation for our sins. 1 *St. John* ii. 1.

After which the Priest shall proceed, saying,

Lift up your hearts.

Answer. We lift them up unto the Lord.

Priest. Let us give thanks unto our Lord God.

Answer. It is meet and right so to do.

Then shall the Priest turn to the Lord's Table, and say,

IT is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto Thee, O Lord, Holy Father, Almighty, Everlasting God.

These words [Holy Father] must be omitted on Trinity Sunday.

Here shall follow the Proper Preface, according to the time, if there be any specially appointed : or else immediately shall follow.

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify Thy glorious Name ; evermore praising Thee, and saying, Holy, holy, holy, Lord God of hosts, heaven and earth are full of Thy glory : Glory be to Thee, O Lord most High. *Amen.*

PROPER PREFACES.

Upon Christmas-day, and seven days after.

BECAUSE Thou didst give Jesus Christ Thine only Son to be born as at this time for us; who, by the operation of the Holy Ghost, was made very man of the substance of the Virgin Mary His mother; and that without spot of sin, to make us clean from all sin. Therefore with Angels, &c.

Upon Easter-day, and seven days after.

BUT chiefly are we bound to praise Thee for the glorious Resurrection of Thy Son Jesus Christ our Lord: for He is the very Paschal Lamb, which was offered for us, and hath taken away the sin of the world; who by His death hath destroyed death, and by His rising to life again hath restored to us everlasting life. Therefore with Angels, &c.

Upon Ascension-day, and seven days after.

THROUGH Thy most dearly beloved Son Jesus Christ our Lord: who after His most glorious Resurrection manifestly appeared to all of His Apostles, and in their sight ascended up into heaven to prepare a place for us; that where He is, thither we might also ascend, and reign with Him in glory. Therefore with Angels, &c.

Upon Whit-sunday, and six days after.

THROUGH Jesus Christ our Lord; according to Whose most true promise, the Holy Ghost came down as at this time, from heaven with a sudden great sound, as it had been a mighty wind, in the likeness of fiery tongues, lighting upon the Apostles, to teach them, and to lead them to all truth; giving them both the gifts of divers languages, and also boldness with fervent zeal constantly to preach the Gospel unto all nations; whereby we have been brought out of darkness and error into the clear light and true knowledge of Thee, and of Thy Son Jesus Christ. Therefore with Angels, &c.

Upon the Feast of Trinity only.

WHO art one God, one Lord; not one only Person, but three Persons in one Substance. For that which we believe of the glory of the Father, the same we believe of the Son, and of the Holy Ghost, without any difference or inequality. Therefore with Angels, &c.

After each of which Prefaces shall immediately be sung or said,

THEREFORE with Angels and Archangels, and with all the company of heaven, we laud and magnify Thy glorious Name; evermore praising

Thee, and saying, Holy, holy, holy, Lord God of hosts, heaven and earth are full of Thy glory : Glory be to Thee, O Lord most High. *Amen.*

Then shall the Priest, kneeling down at the Lord's Table, say in the name of all them that shall receive the Communion this Prayer following.

WE do not presume to come to this Thy Table, O merciful Lord, trusting in our own righteousness, but in Thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under Thy Table. But Thou art the same Lord, whose property is always to have mercy ; Grant us therefore, gracious Lord, so to eat the flesh of Thy dear Son Jesus Christ, and to drink His blood, that our sinful bodies may be made clean by His body, and our souls washed through His most precious blood, and that we may evermore dwell in Him, and He in us. *Amen.*

When the Priest, standing before the Table, hath so ordered the Bread and Wine, that he may with the more readiness and decency break the Bread before the people, and take the Cup into his hands, he shall say the Prayer of Consecration, as followeth.

ALmighty God, our heavenly Father, who of Thy tender mercy didst give Thine only Son Jesus Christ to suffer death upon the cross for our redemption ; who made there (by His one oblation of Himself once offered) a full, perfect, and sufficient

sacrifice, oblation, and satisfaction, for the sins of the whole world ; and did institute, and in His holy Gospel command us to continue, a perpetual memory of that His precious death, until His coming again ; Hear, us, O merciful Father, we most humbly beseech Thee ; and grant that we receiving these Thy creatures of bread and wine, according to Thy Son our Saviour Jesus Christ's holy institution, in remembrance of His death and passion, may be partakers of His most blessed Body and Blood : Who, in the same night that He was betrayed,^a took Bread, and, when He had given thanks, He brake it, and gave it to His disciples, saying, Take, eat, this is My Body which is given for you : Do this in remembrance of Me. Likewise after supper He took the Cup ; and when He had given thanks, He gave it to them, saying, Drink ye all of this, for this is My Blood of the New Testament, which is shed for you and for many for the remission of sins ; Do this, as oft as ye shall drink it, in remembrance of Me. Amen.

^a Here the Priest is to take the Paten into his hands :

^b And here to break the Bread :

^c And here to lay his hand upon all the Bread.

^d Here he is to take the Cup into his hand :

^e And here to lay his hand upon every vessel (be it Chalice or Flagon) in which there is any wine to be consecrated.

Then shall the Minister first receive the Communion in both kinds himself, and then proceed to deliver the same to the Bishops, Priests, and Deacons, in like manner (if any be present,) and after that to the people also in

Or this,

ALMIGHTY and everliving God, we most heartily thank Thee, for that Thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of Thy Son our Saviour Jesus Christ; and dost assure us thereby of Thy favour and goodness towards us: and that we are very members incorporate in the mystical body of Thy Son, which is the blessed company of all faithful people; and are also heirs through hope of Thy everlasting kingdom, by the merits of the most precious death and passion of Thy dear Son. And we most humbly beseech Thee, O heavenly Father, so to assist us with Thy grace, that we may continue in that holy fellowship, and do all such good works as Thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with Thee and the Holy Ghost, be all honour and glory, world without end. *Amen.*

Then shall be said or sung,

GLORY be to God on high, and in earth peace, good will towards men. We praise Thee, we bless Thee, we worship Thee, we glorify Thee, we give thanks to Thee for Thy great glory, O Lord God heavenly King, God the Father Almighty.

O Lord, the only-begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father that

takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For Thou only art holy; Thou only art the Lord; Thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. *Amen.*

Then the Priest (or Bishop if he be present) shall let them depart with this Blessing.

THE peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of His Son Jesus Christ our Lord: and the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. *Amen.*

Thanksgiving after Holy Communion.

Salutation.

O Lord, open Thou, &c.
Our Father, &c.

Nunc dimittis.

Lesson.—*John* v. 1—14. *Psalm* lxxviii. 14, 25. *Gospel*,
3 *S. after Trinity, Gospel, S. Mark.*

Comment.—

The Creed.

Prayers.

I THANK Thee, Holy Lord, Almighty Father, Who hast bestowed on me a sinner, Thine unworthy servant, for no merits of mine, but only of Thy mercy, the precious Body and Blood of Thy Son our Lord Jesus Christ; and I pray Thee that this Holy Communion may not bring condemnation but pardon. May it to be me the armour of faith, the shield of good resolution; the destruction of my vices, the increase of charity and patience, of humility and obedience, and of all virtues, a firm defence against the snares of all enemies visible and invisible; and the perfect quieting of my affections. And I beseech Thee, bring me a sinner to that banquet, in which

Thou with Thy Son and the Holy Spirit, art to Thy saints true light, and fulness, and everlasting joy, and perfect felicity, through the same Thy Son Jesus Christ our Lord.

Hymns 12, 13.

Blessing.

Patience.

Salutation.

Lord have mercy, &c.

Our Father, &c.

Psalms 27, 37, 118, 141, 142, 143.

Lesson.—See AFFLICTION, COMFORT, PATIENCE, PROVIDENCE. *Epistle* 2 *S. after Easter*, *Epistle*, *S. Philip*.

Comment.—

The Creed.

Collect.—*First of the Visitation Service. Epiphany*, 3 and 4 *S. before Easter*, 14 and 15 *S. after Trinity*.

Prayers.

O MOST merciful God, Who wilt not suffer me to be tempted above that I am able, give me strength to bear what Thou in Thy love layest upon me; and a portion of the faith and patience which Thou hast ever bestowed upon Thy saints, grant to me, sinner as I am, to Thy Honour and Glory and my own salvation for the sake of Jesus Christ our Mediator and Advocate.

Almighty and everlasting God, comfort of the sorrowful, and strength of the weary, may the prayers of all that call upon Thee in any trouble come into Thy presence, that all may rejoice that in their necessity Thy mercy hath been with them, through, &c.

O Blessed Jesu, give us the gift of Thy holy love, pardon of all our sins, and grace to persevere unto the end.

Hymn 14.

Blessing.

Peace.

Salutation.

O Lord, open, &c.

Our Father, &c.

Psalms 4, 17, 27, 28, 42, 43, 46, 121, 125.

Lesson.—ANXIETIES, FAITH. FAITH, strength, and peace from. COMFORT, &c. *Epistle 4 S. in Advent, 14 S. after Trinity, Gospel, S. Philip, Epistle, S. John Baptist.*

Comment.—

The Creed.

Collect.—5 *S. after Epiphany; 2, 5, 12, 20, 21, S. after Trinity.*

Prayers.

O CHRIST JESU, my Refuge, my Lord, I believe and hope in Thee, and with my whole heart would I love Thee. O may I live, and move, and

suffer, and die in Thee. My times are in Thy hands. Grant me, in life or in death, to lift up mine eyes unto Thee, and bless Thee for ever and ever.

O blessed Jesus, Prince of peace, as Thou didst rebuke the winds, and say Peace to the waves, say Peace to my restless heart, and let it be stilled before Thee. May all earthly desires and fears sink down, and may my soul be hushed before Thee. As Thou didst say Peace to Thy disciples when they feared, and it was peace, say Peace to me and let it be peace. In Thy peace let me live, and in Thy peace die, for Thy merits, who &c.

O Lord my God, let my soul find rest in Thee, and delight itself in Thee. Pardon my want of faith, and eager desires of this life, all murmuring and unquietness of spirit; and grant to me perfect submission, and childlike trust and love, for Jesus Christ's sake, our Lord.

Hymns 15, 16.

Wish not, dear friends, my pain away,

Wish me a wise and thankful heart,

With God in all my griefs to stay,

Nor from His loved correction start.

O Lord my God, do Thou Thy holy will,
 I will lie still.
 I will not stir, lest I forsake Thine arm,
 And break the charm,
 Which lulls me clinging to my Father's breast,
 In perfect rest.

Blessing.

In the name of our Lord Jesus Christ, Who was crucified and laid in the grave for thee, lie down and sleep. He vouchsafe to bless thee, save and defend thee sleeping and waking. Mayest thou rest in His peace, die in His favour, and be raised by His power to life everlasting.

The Passion.

Salutation.

O Saviour of the World, who by Thy Cross, &c.
 By the Mystery of Thy Holy Incarnation, &c.
 By Thine Agony, &c.
 O Lamb of God that takest, &c.
 O Lamb of God that, &c.
 Lord have mercy, &c.
 Our Father, &c.

Psalms 22, 38, 40, 69, 88.

*Lessons.—Isaiah, lxi. 13—15, with liii., Lam. i. 12—22,
 iii. The narrative of the Passion in the Gospels. 1
 Peter ii. 20, 25. Epistles and Gospels for Holy Week.*

Comment.—

The Creed.

*Collect. S. before Easter. Good Friday. 1, 2, S.
after Easter.*

Prayers.

O MOST blessed Jesus, in Thy pains and sorrows I behold my sins. I have forsaken and denied my God, and Thou wast forsaken and denied. For my vanity Thy face is not hid from shame and spitting. For my false excuses Thou art silent. Thou the Innocent One art condemned for me the guilty. For my self-pleasing Thou didst bear the Cross. My vain and evil thoughts are Thy Crown of thorns. Thy pierced Hands and Feet bear the iniquity of my wicked actions and my wanderings from the paths of righteousness. Thy thirst is for the sins of my tongue. Thou didst cry Eli, Eli, because I felt no grief when I forsook my God. Thy death is my due. I sorrowfully confess my iniquity. I lament and bewail my sins. What can I more? But do thou give me a broken and contrite heart; and make Thy sufferings effectual to me, lest I be lost to all hope. Make me to live wholly for Thee my Saviour, and to be ready to die for Thee, our only Mediator and Redeemer.

Litany.

By the prayer Thou didst thrice repeat in the garden
when a bloody sweat ran down Thy body,
Good Lord, deliver us.

- By Thy condescending to receive the kiss of Judas,
Good Lord, &c.
- By Thy being seized, and bound, and brought before
Annas and Caiaphas,
Good Lord, &c.
- By the denials of S. Peter,
Good Lord, &c.
- By the false accusations and unjust condemnation,
Good Lord, &c.
- By the blindfolding of Thine Eyes, the smiting, and
the spitting, and the insults,
Good Lord, &c.
- By the mockery of Herod,
Good Lord, &c.
- By the choice of Barabbas and Thy rejection,
Have mercy, &c.
- By the crown of thorns, the reed, the mockrey, and
the blows,
Have mercy, &c.
- By the bearing of Thy Cross up the hill,
Have mercy, &c.
- By the piercing of Thy sacred Hands and Feet,
Have mercy, &c.
- By the reproaches of the Jews, the desolation, and
Thy dying thirst.
Have mercy, &c.

By Thine unknown agonies,

Have mercy, &c.

By Thy death, and the piercing of Thy Side ; by Thy
burial, and descent into the place of the departed,

Have pity upon us.

Prayers.

1

WE adore Thee, Holy Jesus, hanging upon the
Cross, and bearing on Thy head the Crown
of Thorns.

2

We adore Thee, Holy Jesus, stretched on the Cross
with Thy sacred wounds.

3

We adore Thee, Holy Jesus, bearing the weight
of the sins of the world, and we humbly beg Thee
by Thy dying pains to have mercy on us in our last
hour.

4

We adore Thee, Holy Jesus, laid in the grave for
us ; and we beg that Thy death may be our life.

5

O save, Holy Jesus, good Shepherd, Who didst lay
down Thy life for Thy sheep ; save and preserve the
righteous ; call home the wicked ; justify the peni-
tent ; have mercy upon all the faithful, and upon us
most miserable sinners.

O God, the Son of God, so loving, yet hated, so forbearing yet assaulted unto death, Who didst show Thyself so gentle and merciful to Thy persecutors ; grant that through the wounds of Thy Passion all our sins may be pardoned, for Thy merits, Who, &c.

Remember, O blessed Jesus, the vinegar and gall, and the cup which Thou didst drink for sinners, and let the bitterness which was Thy portion be to us everlasting sweetness.

O blessed Lord Jesus, by all Thy most holy sufferings, and by Thy bitter death and precious Blood shed for us, vouchsafe to deliver us, with all our friends and enemies, all that are ignorant and out of the way, all that are poor and desolate, tempted and afflicted, with all the faithful. From all our tribulations and distresses, from the snares of the devil, from the bonds and chains of our sins, and from all evils both of soul and body, good Lord deliver, save, and defend us.

All our thoughts and actions vouchsafe so to order that they may be acceptable to Thee ; fill us with Thy grace, and with holy peace, and with all virtue ; and grant us to persevere herein, even unto death, that Thou mayest bring us all to Thy eternal life in Thy Heavenly Kingdom, where Thou livest and reignest with the Father, &c.

Hymns 3, 5, 12, 17, 18.

Blessing.

Love of God.

Salutation.

O Lord, open Thou, &c.

Our Father, &c.

Psalms 16, 27, 42, 43, 63, 73, 84. Te Deum.

Lesson.—See “God’s Love. God or the World.” *Gospel*
5 *S. after Easter. Epistle 1 S. after Trinity.*

Comment.—

The Creed.

Collect.—4, 6, 7, *S. after Trinity.*

Prayers.

GIVE strength, O Lord, to those who seek Thee, and continually pour into their souls the holy desire of seeking Thee; that they who long to see Thy face may not desire the hurtful pleasures of the world, through, &c.

O boundless love, when shall I love Thee, in Heaven without coldness and stint? When shall I desire Heaven because Thou art there, for it would not be Heaven without Thee?

O that I had ever hearkened unto Thee, O God, and had never offended Thee, Who art all good! O that I had honoured Thee by my life, and had shown forth my faith by patience! Henceforth make me to love Thee in deed and in truth. Do with me

what seemeth Thee good, my Life, and my Good.
As the hart desireth the waterbrooks, may my soul
long after Thee, through, &c.

Hymns, 19, 20, 21.

Blessing.

Resurrection.

Salutation.

O Lord, open, &c.

Our Father, &c.

Psalms 2, 3, 4, 16, 17, 57, 111, 113, 114, 118, 126.

Te Deum.

Lesson.—See RESURRECTION. *Gospel*, *M. and T. Easter Week*. *Gospel*, 16 *S. after Trinity*, *Epistle* 23 *S. after Trinity*.

Comment.—

The Creed.

Collects.—*Annunciation*: 1 *S. after Easter*. *End of Order for Burial &c.*

Prayers.

O GOD, Who by the mouth of S. Paul, Thine apostle, hast taught us not to wail for them that sleep in Christ; grant we beseech Thee, that in the coming of Thy Son our Lord Jesus Christ, both we and all Thy whole Church may be graciously brought unto the joys everlasting, when He shall

come to judge the quick and dead, and the world by fire through the same Thy Son, &c.

Grant, O blessed Jesus, that I may so often meditate on Thee risen and glorified, that my heart may be more and more inflamed with Thy love, so that this world may be to me more dull and worthless, and I may thirst to behold Thee on the throne of Thy glory in Heaven, where with the Father and the Holy Ghost, &c.

Hymns 22, 23, 24.

Blessing.

Heaven.

Salutation.

O Lord, open, &c.

Our Father, &c.

Psalms 15, 16, 17, 21, 24, 36, 47, 63, 84, 108. Te Deum.

Lesson.—HEAVEN. Epistle, Holy Innocents', 6 S. after Epiphany, Ascension Day. Epistle and Gospel, All Saints'.

Comment.—

The Creed.

Collects.—Epiphany, Ascension, 4, 13, S. after Trinity. St. Philip's, All Saints'.

Prayers.

GRANT us, O Lord, not to mind earthly things, but to love things heavenly; and even now, while we are placed among things which are passing away, to cleave to those that shall abide, through, &c.

There is a glory which shall be revealed ;
For when the Judge cometh,
Some shall see Thy face cheerful,
And shall be placed on the right,
And shall hear those most welcome words,

“ Come, ye blessed.”

They shall be caught up in clouds
To meet the Lord ;
They shall enter into gladness,
They shall enjoy the sight of Him,
They shall be ever with Him.
These alone, only these are blessed
Among the sons of men.

O to me the meanest, grant the meanest place
There under their feet ;
Under the feet of thine elect,
The meanest among them.

O GLORIOUS JESU, our strength, our joy, the life
of our souls, who for our sakes wast lifted up on the
Cross, lifted up from the grave, lifted up into glory,
draw us unto Thee, good Lord. Draw us from the
world and from ourselves, that we be not entangled
with earthly desires ; draw us up to Thee on Thy
Throne of bliss ; that we may see Thy face, and
rejoice with Thee for ever.

Hymns 24, 25, 26.

Blessing, as under PEACE. (p. 46.)

Past Mercies.

Salutation.

O Lord, open, &c.

Our Father, &c.

Psalms 30, 31, 103, 107. *Te Deum.*

Lesson.—*Deuteronomy* viii. *Gospel*, 4 *S.* after *Epiphany*.

Epistle, 9 *S.* after *Trinity*.

Comment.—

The Creed.

General Thanksgiving.

Prayer.

O Lord, my Lord,
For my being, life, reason,
For nurture, protection, guidance,
For education, freedom, religion,
For Thy gifts of grace, nature, condition,
For redemption, regeneration, instruction,
For my Confirmation, and Communions,
For my call, recall, yea, many calls besides ;
For Thy forbearance, long-suffering,
Long, long-suffering.
Many seasons, many years up to this time,
For all good things received, success granted,
For griefs and failures, and all warnings,

For my parents, teachers, friends, benefactors,
 For all blessings which I know, and which I
 know not,
 Done when I wished, and when I wished not,
 For Thy promise and my hope,
 I confess to Thee, and will confess,
 I bless Thee, and will bless,
 I give thanks to Thee, and will give thanks,
 In this life, and in the next,
 For ever and ever.

Hymn 27.

Blessing.—

Probable Recovery.

Salutation.

O Lord, open, &c.

Our Father, &c.

Psalms 30, 34, 66, 103, 107, 116, 120, 138, 147.

Lesson.—See AMENDMENT, NEWNESS OF LIFE, RECOVERY,
 TALENTS WASTED, THANKFULNESS. *Gospel, Sexa-*
gesima; Epistle, 7 S. after Trinity, Gospel 13, 14,
S. after Trinity.

Comment.—

The Creed.

Collects.—*S. Luke, S. Andrew, Circumcision.* 1, 4, 6,
S. after Epiphany. 2, 3, *S. after Easter.* 1, 4, 6, 7,
 9, 11, 12, 13, 15, 18, 20, *S. after Trinity.*

*Prayers.**The General Thanksgiving.*

O ALMIGHTY God, without Whose power man is nothing, I firmly resolve to follow more closely the rule of Thy will; to attend more diligently to my duty; to avoid all sins, and the occasion of them. This is indeed my will, but without Thee it is vain. Do Thou then who givest the will, give me power to perform, through, &c.

Give me grace
To put aside every weight,
And the sin which doth so easily beset us,
Lust of the flesh, of the eyes,
Pride of life,
Every motion of flesh and spirit
Contrary to Thy will.

Hymns 19, 28, 29.

Blessing.

Probable Death.

Salutation.

By the mystery, &c., good Lord, &c.

By Thine agony, &c.

In all time of our tribulation, &c.

Our Father, &c.

Psalms 3, 4, 16, 17, 23, 39, 71, 90, 91, 142. *Te Deum.*
Nunc Dimittis.

Lesson.—DEATH, GOD'S LOVE, REDEMPTION, RESURRECTION. *Gospel, Easter Eve. Epistle, Easter Day.*

Comment.—

The Creed.

Collects.—*Easter Eve, S. Thomas.*

The last part of the Visitation of the Sick may be used again, with "O Father of Mercies," or the Commendatory Prayer.

Salutation.

PROTESTATION OF THE DYING.

The sufferer may assent by word or sign from time to time, if able to do so.

I humbly acknowledge all my great and grievous sins, and pray God pardon for Christ's sake. *Amen.*

I humbly desire all whom I have offended to forgive me, and freely forgive all who have offended me, for Christ's sake. *Amen.*

I submit myself to pain and death ; Thy will be done. *Amen.*

I believe all the articles of the Creed, and put my whole trust in God's mercy in Christ. *Amen.*

O Jesu, I am that lost sheep, and Thou art the Good Shepherd. Save me from the lion, and lead me through the valley of the shadow of death. *Amen.*

O Jesu, I am that poor traveller, wounded and naked, Thou art the good Samaritan. By Thy blood and by Thy Spirit, save me. *Amen.*

O Jesu, I see Thee with Thine arms stretched out upon the Cross for all penitent sinners. Receive me into Thine arms. *Amen.*

Into Thy hands I commend my spirit. Thou didst make, Thou didst redeem. Receive my soul, O my Saviour, my Saviour, Christ my Saviour, O my Saviour. *Amen.*

Psalms 22, 23, 51.

Hymns 3, 5, 8, 12, 13, 14, 16, 17, 18, 22, 23, 24, 25, 30.
Nunc Dimittis.

Litany.

O God the Father, &c., have mercy upon the soul
of Thy servant.

O God the Son, &c.

O God the Holy Ghost, &c.

O Holy Trinity, one God, &c.

By Thine agony, &c., good Lord deliver him.

In this time of tribulation, &c.

That it may please Thee to put all his sins out of remembrance,

We beseech, &c.

That it may please Thee mercifully to pardon whatever guilt he hath contracted by the fraud of the devil or his own carnal will and frailness.

We beseech, &c.

That it may please Thee to give to this our brother, returning to Thee out of Egypt, a place of refreshment, light, and everlasting blessedness,

We beseech, &c.

That it may please thee to give him joy and gladness in Thy kingdom, with Thy Saints and elect,

We beseech, &c.

That he may with confidence wait for the Day of Judgment,

We beseech, &c.

That it may please Thee to show him that sight, so full of loveliness, Thy holy and glorious Face looking on him with favour,

We beseech, &c.

O Lamb of God, &c., have mercy on his soul.

O Lamb of God, &c., give him peace, and eternal happiness, and everlasting glory.

Prayers.

SOVEREIGN LORD, our God Almighty, who willest that all men should be saved; we pray Thee loose

the soul of this servant from every bond, and free it from every curse. Command, therefore, O Lord, that the soul of Thy servant be released in peace, and go to rest in Thy eternal tabernacles, with all Thy Saints, through Thine only-begotten Son, with whom and with Thy holy and life-giving Spirit, Thou art blessed now and ever unto ages of ages.

Almighty and everlasting God, who hast been pleased to breathe unto man a soul according to Thy likeness, do Thou, while at Thy bidding dust returns to dust, command Thine image to be united with Thy Saints and Angels in an everlasting home; and gently and tenderly receive it as it returns from the land of Egypt unto Thee, and send Thy Holy Angels to meet it, and show it the way of righteousness and open the gates of Thy glory, through, &c.

Impute not, gracious Lord, to this Thy servant the follies of his youth or the errors of his life, but strengthen him in his agony; let not his faith waver, nor his hope fail, nor his charity be disturbed. Let him die in peace, and rest in hope, and rise in glory, through, &c.

Let his portion be with Abraham, Isaac, and Jacob, with Job and David, all the prophets and apostles, with martyrs and all Thy Saints, in the arms of Christ, in the bosom of felicity, in the kingdom of God to eternal ages.

TEXTS FOR THE FAITHFUL.

It is I. Be not afraid.

I know that my Redeemer liveth.

Trust ye in the Lord for ever : for in the Lord Jehovah is everlasting strength.

When thou passest through the waters, I will be with thee ; and through the rivers, they shall not overflow thee ; when thou walkest through the fire, thou shalt not be burned ; neither shall the flame kindle upon thee.

I am the Resurrection and the Life.

He was wounded for our transgressions, He was bruised for our iniquities ; the chastisement of our peace was upon Him.

Though I walk through the valley of the shadow of death I will fear no evil, for Thou art with me.

The Lord Himself is the portion of mine inheritance and of my cup.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous : and He is the Propitiation for our sins.

Verily, verily I say unto you, he that believeth on Me hath everlasting life.

The blood of Jesus Christ cleanseth us from all sin.

Behold the Lamb of God, which taketh away the sin of the world.

Him that cometh unto Me, I will in nowise cast out.

If God be for us, who can be against us? He that spared not His own Son, but delivered Him up for us all, how shall he not with Him also freely give us all things? Who shall lay any thing to the charge of God's elect? It is God that justifieth. Who is he that condemneth? It is Christ that died yea rather, that is risen again, Who is even at the right hand of God, Who also maketh intercession for us.

Whether we live therefore, or die, we are the Lord's.

We have a building of God, an house not made with hands, eternal in the heavens.

This is a faithful saying, and worthy of all acceptation, that Christ Jesus came into the world to save sinners.

To be with Christ is far better.

My sheep hear My voice, and I know them, and they follow Me : and I give unto them eternal life ; and they shall never perish, neither shall any one pluck them out of My hand.

My flesh and my heart faileth, but God is the strength of my heart, and my portion for ever.

Who shall separate us from the love of Christ?

Lighten mine eyes, that I sleep not in death.

Into Thy hands, O Lord, I commend my spirit, for Thou hast redeemed me, O Lord, Thou God of truth.

Jesus came and saith unto them, Peace be unto you; and when He had so said, He showed unto them His hands and His side. Then were the disciples glad when they saw the Lord.

Fear not: I am the First and the Last, I am He that liveth and was dead: and behold I am alive for evermore, Amen, and have the keys of hell and of death.

In My Father's house are many mansions. I go to prepare a place for you. And if I go and prepare a place for you, I will come again, and receive you unto Myself; that where I am, there ye may be also.

Eye hath not seen, nor ear heard, neither have entered unto the heart of man, the things which God hath prepared for them that love Him.

Surely I come quickly. Amen. Even so, come, Lord Jesus.

After a Death.

Lord have mercy, &c.

General Confession.

Our Father, &c.

Psalms 30, 39, 90.

Lesson.—*Matthew xxiv.* 42—52; *xxv.* 1—13; 14—30. *Gospel*, 3 *S. after Easter.* *Epistle*, 6 *S. after Trinity.* *John xi.* 23—44. 1 *Thessalonians iv.* 13—18.

The Creed.

Collects.—*Easter Eve, Easter, All Saints'.*

Last two prayers at the Burial of the Dead.

Two prayers to be used or not as may be thought good.

REMEMBER, O God, Thou God of the spirits of all flesh, the faithful departed, from just Abel unto this day. Make them to rest in the region of the living in Thy kingdom, in the delights of Paradise, in the bosom of Abraham, Isaac, and Jacob, our holy fatners; where there is no sorrow, grief, or lamentation; and where the light of Thy countenance continually shines upon them through Thine only begotten Son, Jesus Christ, our Lord.

O most merciful Father, have mercy on all who have fallen asleep in Christ, especially on our dear

brother (or sister). Grant them, O Lord, eternal rest, and let light perpetual shine upon them.

Day is fled and gone,
Life too is going,
This lifeless life.
Night cometh,
And cometh death,
The deathless death.
Near as is the end of day,
So too the end of life.
We then also remembering it,
Beseech of Thee
For the close of our life,
That Thou wouldest direct it in peace,
Christian, acceptable,
Sinless, shameless,
And, if it please Thee, painless.
Lord, O Lord,
Gathering us together,
Under the feet of Thine elect,
When Thou wilt, and as Thou wilt,
Only without shame and sins.
Remember we the days of darkness,
For they shall be many,
Lest we be cast into outer darkness.
Remember we to outstrip the night,
Doing something good.

Near is judgment;—
A good and acceptable answer
At the dreadful and fearful Judgment seat
Of Jesus Christ,
Vouchsafe to us, O Lord.

Teach us, O Lord, who survive, in this and other daily like spectacles of mortality, to see how frail and uncertain our own condition is; and so to number our days that we may seriously apply our hearts to that holy and heavenly wisdom, whilst we live here, which may in the end bring us to life everlasting, through the merits of Jesus Christ, Thine only Son our Lord.

Hymns 3, 13, 14, 15, 23, 25, 31.

Blessing.

THE Almighty and merciful Lord, the Father, the Son, and the Holy Ghost, bless and defend us from all evil, and bring us to everlasting life, that we with all Thy servants departed this life in Thy faith and fear, may have our perfect consummation and bliss in His eternal and everlasting glory through, &c.

The Lord Jesus, Who died for you upon the Cross,
keep, &c.

The Lord Jesus, Who rose again from the dead,
keep, &c.

The Lord Jesus, Who is in Heaven for you, and
opens the doors of Heaven to you, keep, &c.

God the Father, God the Son, and God the Holy
Ghost bless thee and keep thee for ever.

SCRIPTURES

SELECTED AND CLASSIFIED.



AFFLICTION.—Job, v. 6–27, xxxiii. 12–30; Prov. iii. 11–26; Lam. i. 12–16, ii. iii.; Wis. iii. 1–9; Eccles. xxxviii. 1–4; Matt. xvi. 21–27. The history of the Passion. Acts vii. 54–60, xvi. 19–34; 2 Cor. i. 3–11, iv. 8–18, v. 1–10, xi. 24–33, xii. 7–10; Heb. xii. 1–14; 1 Peter ii. 19–25.

AMENDMENT.—Prov. iv.; Is. i. 10–20; Dan. iv. 22–27; Hos. vi. 1–4, xiv.; Mic. vi.; Rom. xii. xiii. 8–14; Gal. v. 13–26; Eph. iv. 17–32, v. 1–21; 1 Peter ii. 1–12; 2 Peter i. 1–11.

ANXIETIES, worldly.—Matt. vi. 25–34; Mark xiii. 14–20; Luke x. 38–42, xii. 15–34.

CHARITY.—Matt. xviii. 21–35; John xiii. 34, 5, with xv. 12–17; 1 Cor. xiii.; Jas. iii.; 1 John iii. 14–24, iv. 7–21.

CHILDREN, readings to.—History of Joseph; 1 Sam. iii. 1–19, xvii.; Psalm xxiii.; Is. liii.; Matt. xviii. 1–10; History of the Passion. *See also passages under Resurrection and Heaven.*

CHURCH.—Matt. xviii. 15-20, xxviii. 16-20; John xvii. 18-21, xx. 19-23; Acts ii. 41, 2; 1 Cor. i. 11-13, xii. 11-31, xiii.; 1 Tim. iii. 14-16; Heb. xiii. 17.

COMFORT.—Is. xxxv. xl. 1-11, 25-31, lii. 1-12, liv.; 7-17, lvii. 15-21, lxi.; Matt. v. 1-12; John x. 1-18, xiv. xv. xvi.; Rom. viii. 14-39; 1 Pet. i. 3-9; Rev. xxi. 1-4, xxii.

COMMUNION, HOLY.—John vi. 47-58, xiii. 1-10; Luke xiv. 22-25; 1 Cor. xi. 23-28.

CONFESSION.—Lev. v. 1-6; Luke xix. 1-10; Jas. v. 14-20; John xx. 19-23.

CONSCIENCE.—Gen. xlii. 6-24; Ps. li.; Matt. xxvii. 1-8; Acts ii. 36-38.

DEATH, preparation for.—Matt. xxiv. 36-51; Luke xii. 13-21; 1 Thess. v. 1-10; Jas. v. 14-20.

DEATH.—Is. xliii. 1-3; Luke ii. 25-32. The narrative of Christ's death. 1 Cor. xv.; 2 Cor. v. 1-10; Phil. i. 19-30; Rev. xiv. 13-16.

DOUBT, remedy for.—Dan. vi. 16-28, Matt. viii. 23-27, xiv. 22-33; John xiv. 1-19, xvi. 17-33, xx. 19-31; Rom. viii. 24-39; Jas. i. 2-12; 1 John i. 1.

FAITH.—Gen. xxii. 1-18; Jer. xvii. 5-14; Mark v. 25-34; Heb. xi.; 1 John v. 1-15.

FAITH, strength and peace from.—Job xxii. 21-30; Ps. iii. iv. xxiii.; Is. xxvi.; Dan. iii. 16-27; Mark iv. 35-41; Acts vii. 54-60; 2 Tim. ii. 8-13, iv. 6-8.

GOD OR THE WORLD.—Gen. xiii. 7-13, xix. 12-29; Deut. xxx. 11-20; Josh. xxiv. 14-27; Luke xv. 13-31; 1 John ii. 13-17.

HEAVEN.—Luke ix. 23-36; John xiv; Acts i. 6-11; 1 Tim. vi. 11-16; 1 Pet. i. 1-9; 1 John iii. 1-7; Rev. iv. v. vii. 9-17, xxi. xxii. 1-17.

HELL.—Is. xxxiii. 1-14; Matt. xiii. 36-50; Mark ix. 43-48; Luke xvi. 19-31; Rev. xiv. 8-11.

INSINCERITY.—Is. i. 10-17; Ezek. xxxiii. 30-33; Amos v. 18-27; Jas. i. 13-27, ii. 12-26.

JUDGMENT.—Gen. vii. 10-24, xix. 12-29; 2 Sam. xviii. 9-18; Prov. i. 20-31; Dan. v. 17-30, vii. 9-14 with xii. 2-3; Mal. iv.; Matt. xxii. 1-14, xxv.; Rom. ii. 1-11; 1 Cor. iii. 11-17; 1 Thess. iv. 16 to v. 8; Heb. iv. 11-16; 2 Pet. iii. 1-14; Rev. iii., xx. 11-12.

LOVE, GOD'S.—John iii. 14-17, xvii. 20-26; Rom. viii. 26-39; Eph. ii. 1-7; 2 Thess. ii. 13-17; Heb. i. 1-4.

MERCY AND JUSTICE.—Ex. xxxiv. 4-7; 1 Sam. xii. 20-25; Is. i. 16-31; Ezek. xxxiv. 11-17; Mic. vi.; Wis. v. 1-16; Mal. iii. 13-18; 1 Pet. iv. 12-19.

MURMURING.—Ex. xvi.; Num. xxi. 1-6; Job ix. 1-15.

NEWNESS OF LIFE.—Is. lv.; Jer. xxxi. 18-40; John xv. 1-11; Rom. vi. viii. 1-14; 2 Cor. v. 14-21; Heb. xii. 14-29.

PATIENCE.—Job i. 17-22 with ii. 1-10; Mic. vii. History of the Passion. 2 Cor. xi. 23-33; Jas. v., 7-11; 1 Pet. ii. 19-25, iii. 8-22, iv.

PENITENCE.—Is. i. 2-20, xxvi., lv. 1-7; Jer. iii. 12-25, xxxi. 1-17; Ezek. xxxvi. 25-31; Dan. ix. 3-19; Hos. vi. 1-7; Joel ii. 12-19; Luke vii. 36-50, xv.; 2 Cor. vii. 1-11; Jas. iv. 7-17; 1 John i.

POVERTY.—1 Sam. ii. 1-10; Ps. cxxxi.; Is. xli. 17-20; Matt. viii. 16-20; The *Magnificat*, Luke vi. 20-25; Phil. ii. 5-11; Jas. ii. 1-5.

PRAYER.—Gen. xviii. 17-33, xxxii. 24-30; 2 Kings xix. 14-19 with 35; Matt. xv. 21-28; Mark xi. 22-26; Luke xi. 1-13, xviii. 1-7; John xvii.; Jas. v. 14-18.

PROVIDENCE.—Ex. xvi. 1-15 with 33; 1 Kings xvii. 1-16, xix. 1-8; Ps. xci.; Matt. vi. 24-34; Acts xii. 1-17, xxvii. 18-44; Heb. ii. 8-18.

RECOVERY, expected.—Ps. lxxvii.; Matt. xii. 43-45; Luke xvii. 11-19; John v. 1-15; Acts iii. 1-11; 2 Cor. i. 1-11.

REDEMPTION.—Ex. xii. 1-14, with 29-30; Num. xxi. 4-9; Is. ix. 1-7, lii. 13-15, with liii.; Jer. xxiii. 5-8; John iii. 14-17; Acts xiii. 26-39; Rom. v.; Eph. i. 3-14, ii.; Col. i. 9-23, ii. 6-15; Heb. ii. 8-18, x. 11-22; 1 Pet. i. 17-25; 1 John i.

REPROBATION.—1 Sam. xv. 13-29, xxviii. 4-6, with 15, and with xxxi. 2-6; Matt. xi. 20-24; Luke xix. 41-44.

RESTITUTION.—Ezek. xxxiii. 10-16; Luke xix. 1-10.

RESURRECTION.—Gen. xxii. 1-14, with Heb. xi. 13-19; 1 Kings xvii. 17-24; 2 Kings. iv. 18-37; Job xix. 21-27; Ps. xvii.; Is. xii. 12-21; Ez. xxxvii. 1-14; Mark v. 35-43; Luke vii. 11-17; John xi. History of Christ's Resurrection, and His appearances after it. 1 Cor. xv; Phil. iii. 7-21; 1 Thess. iv.; Rev. i. 10-18, vii. 9-17.

SIN WILL OUT.—Josh. vii. 6-26; 2 Sam. xii. 1-12; 1 Kings xxi. 15-20, with xxii. 29-38; 2 Kings v. 20-27; Eccclus. v. 1-7; Acts v. 1-11.

SIN, continuance in.—Ex. x. 16-29, xiv. 5-31;
Num. xxiii. 7-10, with xxxi. 7-8; Is. lix. 1-3,
with 12-15; 1 John iii. 1-10.

TALENTS, wasted.—Jud. xvi. 21-30; Is. v. 1-7;
Matt. xxi. 33-41, xxv. 14-30; Luke xiii. 6-9;
Rom. ii. xii. 19-22; 1 Cor. x. 1-13.

THANKFULNESS.—Gen. xxxii. 1-10; Is. xii. xxxviii.
9-20; Jon. ii.

HYMNS.

1.

THE sun is sinking fast,
The daylight dies ;
Let love awake and pay
Her evening sacrifice.

As Christ upon the Cross
His head inclined,
And to His Father's hands
His parting soul resigned ;

So now herself my soul
Would wholly give
Into His sacred charge
In whom all spirits live ;

So now beneath His eye
Would calmly rest,
Without a wish or thought
Abiding in the breast,

Save that His will be done
Whate'er beside,
Dead to herself, and dead
In Him to all beside.

Thus would I live ; yet now
Not I, but He
In all His power and love
Henceforth alive in me.

One Sacred Trinity,
One Lord Divine !
May I be ever His,
And He for ever mine.

2.

O GOD our help in ages past,
Our hope for years to come,
Our shelter from the stormy blast,
And our eternal home.

Beneath the shadow of Thy throne
Thy saints have dwelt secure ;
Sufficient is Thine arm alone,
And our defence is sure.

Before the hills in order stood,
Or earth received her frame,
From everlasting Thou art God,
To endless years the same.

A thousand ages in thy sight,
Are like an evening gone,
Short as the watch that ends the night
Before the rising sun.

Time, like an ever-rolling stream
Bears all its sons away,
They fly forgotten like a dream
Dies at the opening day.

O God, our help in ages past,
Our hope for years to come,
Be Thou our guard while troubles last,
And our eternal home.

3

ROCK of Ages, cleft for me,
Let me hide myself in Thee ;
Let the water and the blood,
From Thy wounded side which flowed,
Be of sin the double cure
Save from wrath and make me pure.

Nothing in my hand I bring,
Simply to Thy Cross I cling :
Could my tears for ever flow,
Could my zeal no languor know,
All for sin could not atone,
Thou must save and Thou alone.

While I draw this fleeting breath,
When mine eyelids close in death,
When I soar through tracts unknown,
See Thee on Thy judgment throne,
Rock of ages, cleft for me,
Let me hide myself in Thee.

4.

GOD moves in a mysterious way
His wonders to perform ;
He plants His footsteps in the sea
And rides upon the storm.

Ye fearful saints, fresh courage take ;
The clouds ye so much dread,
Are big with mercy, and shall break
In blessings on your head.

Judge not the Lord by feeble sense,
But trust Him for His grace ;
Behind a frowning providence,
He hides a smiling face.

Blind unbelief is sure to err,
And scan His work in vain ;
God is His own interpreter,
And He will make it plain.

5.

L ORD, in this Thy mercy's day,
Ere it pass for aye away,
On our knees we fall and pray.

Holy Jesu, grant us tears,
Fill us with heart-searching fears,
Ere that awful doom appears.

Lord, on us Thy Spirit pour,
Kneeling lowly at the door
Ere it close for evermore.

By Thy night of agony,
By Thy supplicating cry,
By Thy willingness to die.

By Thy tears of bitter woe,
For Jerusalem below,
Let us not Thy love forego.

Grant us 'neath Thy wings a place,
Lest we lose this day of grace
Ere we shall behold Thy face.

6.

GREAT God, what do I see and hear ?
The end of things created :
The Judge of all men doth appear
On clouds of glory seated.
The trumpet sounds, the graves restore
The dead which they contained before ;
Prepare, my soul, to meet Him.

The dead in Christ are first to rise,
At that last trumpet's sounding,
Caught up to meet Him in the skies,
With joy their Lord surrounding ;
No gloomy fears their souls dismay :
His presence sheds eternal day
On those prepared to meet Him.

The ungodly filled with guilty fears,
Behold His wrath prevailing ;
In woe they rise, but all their tears
And sighs are unavailing.
The day of grace is past and gone ;
Trembling they stand before His throne,
All unprepared to meet Him.

Great Judge, to Thee our prayers we pour,
In deep abasement bending ;
O shield us through that last dread hour,
Thy wondrous love extending :
May we, in this our trial day,
With faithful hearts Thy word obey,
And thus prepare to meet Thee.

7.

O JESU, Thou art standing
Outside the fast-closed door,
In lowly patience waiting
To pass the threshold o'er.
Shame on us, Christian brethren,
His name and sign who bear,
O shame, thrice shame upon us
To keep Him standing there.

O Jesu, Thou art knocking :
And lo ! that hand is scarred,
And thorns Thy brow encircle,
And tears Thy face have marred :
O love that passeth knowledge,
So patiently to wait !
O sin that hath no equal
So fast to bar the gate !

O Jesu, Thou art pleading
In accents meek and low,
"I died for you, my children,
And will you treat me so?"
O Lord, with shame and sorrow
We open now the door,
Dear Saviour, enter, enter,
And leave us never more.

8.

WEARY of earth and laden with my sin,
I look at heaven and long to enter in,
But there no evil thing may find a home,
And yet I hear a voice that bids me "Come."

So vile I am, how dare I hope to stand
In the pure glory of that holy land?
Before the whiteness of that throne appear?
Yet there are hands stretched out to draw me near.

The while I fain would tread the heavenly way,
Evil is ever with me day by day;
Yet on mine ears the gracious tidings fall,
"Repent, confess, thou shalt be loosed from all."

It is the voice of Jesus that I hear,
His are the hands stretched out to draw me near,
And His the blood that can for all atone,
And set me faultless there before the throne.

'Twas He who found me on the deathly wild,
And made me heir of Heaven, the Father's child,
And day by day, whereby my soul may live,
Gives me His grace of pardon and will give.

O Great Absolver, grant my soul may wear
The lowliest garb of penitence and prayer,
That in the Father's courts my glorious dress
May be the garment of Thy righteousness.

Yea, Thou wilt answer for me, Righteous Lord :
Thine all the merits, mine the great reward ;
Thine the sharp thorns, and mine the golden crown ;
Mine the life won, and Thine the life laid down.

Nought can I bring, dear Lord, for all I owe,
Yet let my full heart what it can bestow ;
Like Mary's gift let my devotion prove,
Forgiven greatly how I greatly love.

9.

FORGIVE them, O my Father,
They know not what they do.
The Saviour spake in anguish,
As the sharp nails went through.

No pained reproaches gave He
To them that shed His blood,
But prayer and tenderest pity
Large as the love of God.

For me was that compassion,
For me that tender care ;
I need His wide forgiveness
As much as any there.

It was my pride and hardness
That hung Him on the tree ;
Those cruel nails, O Saviour,
Were driven in by me.

And often I have slighted
Thy gentle voice that chid ;
Forgive me too, Lord Jesus ;
I knew not what I did.

O depth of sweet compassion !
O Love divine and true !
Save Thou the souls that slight Thee,
And know not what they do.

10.

GRACIOUS Spirit, Holy Ghost,
Taught by Thee, we covet most,
Of Thy gifts at Pentecost,
Holy, heavenly love.

Love is kind and suffers long,
Love is meek, and thinks no wrong,
Love than death itself more strong ;
Therefore give us love.

Prophecy will fade away,
Melting in the light of day;
Love will ever with us stay;
Therefore give us love.

Faith will vanish into sight:
Hope be emptied in delight;
Love in Heaven will shine more bright;
Therefore give us love.

Faith and hope and love we see
Joining hand in hand agree,
But the greatest of the three
And the best, is love.

11.

THEE we adore, O hidden Saviour, Thee,
Who in Thy sacrament dost deign to be;
Both flesh and spirit at Thy presence fail,
Yet here Thy presence we devoutly hail.

O blest memorial of our dying Lord,
Who living bread to men doth here afford,
O may our souls for ever feed on Thee,
And Thou, O Christ, for ever precious be!

Fountain of goodness, Jesu, Lord and God,
Cleanse us, unclean, with Thy most cleansing blood ;
Increase our faith and love that we may know
The hope and peace which from Thy presence flow.

O Christ, whom now beneath a veil we see,
May what we thirst for soon our portion be,
To gaze on Thee unveiled—and see Thy face,
The vision of Thy glory and Thy grace.

12.

GLORY be to Jesus,
Who in bitter pains,
Poured for me the life-blood
From His sacred veins.

Grace and life eternal
In that Blood I find ;
Blest be His compassion
Infinitely kind.

Blest through endless ages
Be the precious stream,
Which from endless torments
Did the world redeem.

Abel's blood for vengeance
Pleaded to the skies ;
But the blood of Jesus
For our pardon cries.

Oft as it is sprinkled
On our guilty hearts,
Satan in confusion
Terror-struck departs.

Oft as earth exulting
Wafts its praise on high,
Angel hosts rejoicing
Make their glad reply.

Lift ye then your voices ;
Swell the mighty flood ;
Louder still and louder
Praise the precious Blood.

13.

THE King of love my Shepherd is,
Whose goodness faileth never ;
I nothing lack if I am His,
And He is mine for ever.

Where streams of living water flow
My ransomed soul He leadeth,
And, where the verdant pastures grow,
With food celestial feedeth.

Perverse and foolish oft I strayed,
But yet in love He sought me,
And on His shoulder gently laid,
And home, rejoicing, brought me.

In death's dark vale I fear no ill
With Thee, dear Lord, beside me,
Thy rod and staff my comfort still,
The Cross before to guide me.
Thou spread'st a table in my sight ;
Thy unction grace bestoweth :
And oh, what transport, of delight
From Thy pure Chalice floweth !
And so through all the length of days
Thy goodness faileth never :
Good Shepherd, may I sing Thy praise
Within Thy house for ever !

14.

ART thou weary, art thou languid,
Art thou sore distress'd ?
Come to Me, saith One, and coming,
Be at rest.
Hath He marks to lead me to Him,
If He be my guide ?
In His Feet and Hands are wound-prints,
And His side.
Hath He diadem as Monarch
That His Brow adorns ?
Yea, a crown, in very surety,
But of thorns.

If I find Him, if I follow,
What His guerdon here ?
Many a sorrow, many a labour,
Many a tear.

If I still hold closely to Him,
What hath He at last ?
Sorrow vanquished, labour ended,
Jordan past.

If I ask Him to receive me,
Will He say me nay ?
Not till earth, and not till heaven,
Pass away.

Finding, following, keeping, struggling,
Is He sure to bless ?
Angels, Martyrs, Prophets, Virgins,
Answer, Yes.

15.

MY God, my Father, while I stray,
Far from my home on life's rough way,
O teach me from my heart to say,
Thy will be done.

Though dark my path and sad my lot,
Let me be still and murmur not,
Or breathe the prayer divinely taught,
Thy will be done.

What though in lonely grief I sigh
For friends beloved no longer nigh,
Submissive would I still reply,
Thy will be done.

If Thou should'st call me to resign
What most I prize, it ne'er was mine,
I only yield Thee what is Thine,
Thy will be done.

Let but my fainting heart be blest
With Thy sweet Spirit for its guest,
My God, to Thee I leave the rest,
Thy will be done.

Renew my will from day to day,
Blend it with Thine, and take away
All that now makes it hard to say,
Thy will be done.

16.

HOW sweet the name of Jesus sounds
In a believer's ear,
It soothes his sorrows, heals his wounds,
And drives away his fear.
It makes the wounded spirit whole,
And calms the troubled breast;
'Tis manna to the hungry soul,—
And to the weary rest.

Dear Name ! the rock on which I build,
My shield and hiding-place,
My never-failing treasury filled
With boundless stores of grace.

Jesus ! my Shepherd—Husband—Friend,
My Prophet—Priest—and King—
My Lord—my Life—my Way—my End,
Accept the praise I bring.

Weak is the effort of my heart,
And cold my warmest thought ;
But when I see Thee as Thou art,
I'll praise Thee as I ought.

Till then I would Thy love proclaim
With every fleeting breath ;
And may the music of Thy Name
Refresh my soul in death.

17.

SWEET the moments, rich in blessing,
Which before the Cross I spend,
Life and health, and peace possessing,
From the sinner's dying Friend.

Here I rest, for ever viewing
Mercy poured in streams of Blood ;
Precious drops, my soul bedewing,
Plead and claim my peace with God.

Truly blessed is the station,
Low before His Cross to lie,
Whilst I see Divine compassion
Beaming in His languid Eye.

Lord, in ceaseless contemplation
Fix my thankful heart on Thee,
Till I taste Thy full Salvation,
And Thine unveiled glory see.

18.

O COME and mourn with me a while ;
O come ye to the Saviour's Side ;
O come, together let us mourn,
Jesus, our Lord, is crucified.

Have we no tears to shed for Him,
While soldiers scoff and Jews deride ?
Ah ! look how patiently He hangs ;
Jesus, our Lord, is crucified.

How fast His hands and Feet are nailed ;
His throat with parching thirst is dried ;
His failing eyes are dimmed with Blood ;
Jesus, our Lord, is crucified.

Seven times He spake, seven words of love ;
And all three hours His silence cried
For mercy on the souls of men ;
Jesus, our Lord, is crucified.

Come let us stand beneath the Cross ;
So may the Blood from out His Side
Fall gently on us drop by drop ;
Jesus, our Lord, is crucified.

A broken heart, a fount of tears
Ask, and they will not be denied ;
Lord Jesus, may we love and weep,
Since Thou for us art crucified.

19.

JESU, my Lord, my God, my All,
Hear me, blest Saviour, when I call ;
Hear me, and from Thy dwelling place
Pour down the riches of Thy grace ;
Jesu, my Lord, I Thee adore,
O make me love Thee more and more.

Jesu, too late I Thee have sought,
How can I love Thee as I ought ?
And how extol Thy matchless fame,
The glorious beauty of Thy name ?
Jesu, my Lord, &c.

Jesu, what didst Thou find in me,
 That Thou hast dealt so lovingly ?
 How great the joy that Thou hast brought,
 So far exceeding hope or thought !

Jesu, my Lord, &c.

Jesu, of Thee shall be my song,
 To Thee my heart and soul belong,
 All that I have or am is Thine,
 And Thou, blest Saviour, Thou art mine,

Jesu, my Lord, &c.

20.

O LOVE divine, how sweet thou art !
 When shall I find my willing heart
 All taken up by Thee ?
 I thirst, I faint, I die to prove
 The greatness of redeeming love,
 The love of Christ to me.

Stronger His love than death or hell ;
 Its riches are unsearchable ;
 The first-born sons of light
 Desire in vain its depths to see ;
 They cannot reach the mystery,
 The length, and breadth, and height.

God only knows the love of God,
O that it now were shed abroad
 In this poor stony heart !
For love I sigh, for love I pine.
This only portion, Lord, be mine,
 Be mine this better part.

For ever would I take my seat
With Mary at the Master's feet ;
 Be this my happy choice ;
My only care, delight, and bliss
My joy, my heaven on earth, be this,
 To hear the Bridegroom's Voice.

21.

MY God, how wonderful Thou art,
Thy Majesty how bright,
How beautiful Thy mercy-seat
 In depths of burning light.
How wonderful, how beautiful,
 The sight of Thee must be,
Thy endless wisdom, boundless power,
 And awful purity.
Oh, how I fear Thee, living God,
 With deepest, tenderest fears,
And worship Thee with trembling hope
 And penitential tears.

Yet, I may love Thee too, O Lord,
Almighty as Thou art,
For Thou hast stooped to ask of me
The love of my poor heart.

No earthly father loves like Thee,
No mother e'er so mild,
Bears and forbears as Thou hast done
With me Thy sinful child.

22.

A LLELUIA ! Alleluia ! Alleluia !
The strife is o'er, the battle done ;
The triumph of the Lord is won ;
O let the song of praise be sung. Alleluia !
The powers of death have done their worst,
And Jesus hath His foes dispersed,
Let shouts of praise and joy outburst. Alleluia !
On that third morn He rose again
In glorious majesty to reign ;
O let us swell the joyful strain. Alleluia !
He closed the yawning gates of hell ;
The bars from Heaven's high portals fell,
Let songs of joy His triumphs tell. Alleluia !
Lord, by the stripes which wounded Thee,
From death's dread sting Thy servants free,
That we may live and sing to The Alleluia !

23.

JESUS lives ! no longer now
Can thy terrors, Death, appal us ;
Jesus lives : by this we know
Thou, O grave, canst not enthrall us. Alleluia !

Jesus lives ! henceforth is death
But the gate of life immortal ;
This shall calm our trembling breath,
When we pass its gloomy portal. Alleluia !

Jesus lives ! for us He died,
Then, alone to Jesus living,
Pure in heart may we abide,
Glory to our Saviour giving. Alleluia !

Jesus lives ! our hearts know well
Nought from us His love shall sever ;
Life, nor death, nor powers of hell
Tear us from His keeping ever. Alleluia !

Jesus lives ! to Him the Throne
Over all the world is given,
May we go where He is gone,
Rest and reign with Him in Heaven. Alleluia !

24.

BRIEF life is here our portion ;
Brief sorrow, short-lived care ;
The life that knows no ending,
The tearless life, is there.

O happy retribution !
Short toil, eternal rest ;
For mortals and for sinners
A mansion with the blest.

And now we fight the battle,
But then shall wear the crown
Of full and everlasting
And passionless renown.

And now we watch and struggle,
And now we live in hope,
And Sion in her anguish
With Babylon must cope ;

But He, whom now we trust in,
Shall then be seen and known ;
And they that know and see Him
Shall have Him for their own.

The morning shall awaken,
The shadows shall decay,
And each true-hearted servant
Shall shine as doth the day.

Then God, our King and Portion,
In fulness of His grace,
Shall we behold for ever,
And worship face to face.

O sweet and blessed country,
The home of God's elect !
O sweet and blessed country
That eager hearts expect.

Jesu, in mercy bring us
To that dear land of rest ;
Who art with God the Father
And Spirit, ever blest.

25.

JERUSALEM on high
My song and city is,
My home whene'er I die,
The centre of my bliss :
O happy place
When shall I be
My God with Thee,
To see Thy Face ?

There dwells my Lord, my King
Judged here unfit to live ;
There angels to Him sing,
And lowly homage give :
O happy, &c.

The patriarchs of old
There from their travels cease,
The prophets there behold
The longed for Prince of Peace :
O happy, &c.

The Lamb's apostles there
I might with joy behold,
The harpers I might hear
Harping on harps of gold :
O happy, &c.

The bleeding martyrs, they
Within these courts are found,
Clothèd in pure array,
Their scars with glory crowned :
O happy, &c.

Ah me ! ah me ! that I
In Kedar's tents here stay ;
No place like that on high ;
Lord, thither guide my way :
O happy, &c.

26.

O HEAVENLY Jerusalem,
O everlasting halls,
Thrice blessèd are the people
Thou keepest in Thy walls !

Thou art the golden mansion,
Where saints for ever sing,
The seat of God's own chosen
The palace of the King.

There God for ever sitteth,
Himself of all the crown ;
The Lamb, the Light that shineth,
And never goeth down.

Naught to this seat approacheth
Their sweet peace to molest ;
They sing their God for ever,
Nor day nor night they rest.

Sure hope doth thither lead us,
Our longings thither rise,
May short-lived toil ne'er daunt us
Who seek an endless prize.

27.

PRAISE, O praise our God and King !

Hymns of adoration sing ;
For His mercies still endure
Ever faithful, ever sure.

Praise Him that He made the sun
Day by day his course to run ;
For, &c.

And the silver moon by night
Shining with her gentle light ;
For, &c,

Praise Him for His patient love,
Comforts here, and joys above,
For, &c.

Praise Him for all blessings given,
And our brighter hopes of heaven.
For, &c.

28.

CHRISTIAN, seek not yet repose,

Hear thy guardian angel say ;
Thou art in the midst of foes ;
Watch and pray.

Principalities and powers
Mustering their unseen array,
Wait for thine unguarded hours ;
 Watch, &c.

Gird thy heavenly armour on,
Wear it ever, night and day ;
Ambushed lies the evil one ;
 Watch, &c.

Hear the victors who o'ercame ;
Still they mark each warrior's way ;
All with one sweet voice exclaim
 Watch, &c.

Hear above all, hear thy Lord,
Him thou lovest to obey ;
Hide within thy heart His word,
 Watch, &c.

Watch, as if on that alone
Hung the issue of the day ;
Pray that help may be sent down :
 Watch, &c.

29.

O JESUS, I have promised,
To serve Thee to the end ;
Be Thou for ever near me,
My Master and my Friend ;
I shall not fear the battle,
If Thou art by my side,
Nor wander from the pathway
If Thou wilt be my guide.

O let me feel Thee near me :
The world is ever near ;
I see the sights that dazzle,
The tempting sounds I hear !
My foes are ever near me,
Around me and within ;
But Jesu, draw Thou nearer,
And shield my soul from sin.

O let me hear Thee speaking
In accents clear and still,
Above the storms of passion,
The murmurs of self-will ;
O speak to reassure me,
To hasten or control ;
O speak, and make me listen,
Thou Guardian of my soul.

O Jesu, Thou hast promised
To all who follow Thee,
That where Thou art in glory
There shall Thy servant be ;
And, Jesus I have promised
To serve Thee to the end ;
O give me grace to follow,
My Master and my Friend.

O let me see Thy foot-marks,
And in them plant mine own ;
My hope to follow truly
Is in Thy strength alone ;
O guide me, call me, draw me,
Uphold me to the end ;
And then in Heaven receive me,
My Saviour and my Friend.

30.

ABIDE with me ; fast falls the eventide ;
The darkness deepens ; Lord, with me abide ;
When other helpers fail, and comforts flee,
Help of the helpless, O abide with me.

Swift to its close ebbs out life's little day ;
Earth's joys grow dim, its glories pass away ;
Change and decay in all around I see ;
O Thou Who changest not, abide with me.

I need Thy presence every passing hour ;
What but Thy grace can foil the tempter's power ?
Who like Thyself my guide and stay can be ?
Through cloud and sunshine, Lord, abide with me.

I fear no foe with Thee at hand to bless ;
Ills have no weight, and tears no bitterness ;
Where is death's sting ? Where, grave, thy victory ?
I triumph still, if Thou abide with me.

Hold Thou Thy cross before my dying eyes ;
Shine through the gloom, and point me to the
 skies ;
Heaven's morning breaks, and earth's vain shadows
 flee ;

In life, in death, O Lord, abide with me.

31.

NOW the labourer's task is o'er ;
 Now the battle day is past ;
Now upon the farther shore
 Lands the voyager at last.
Father, in Thy gracious keeping
Leave we now Thy servant sleeping.
There the tears of earth are dried,
 There its hidden things are clear ;
There the work of life is tried
 By a juster Judge than here.
 Father, &c.

There the sinful souls, that turn
To the Cross their dying eyes,
All the love of Christ shall learn
At His feet in Paradise.
Father, &c.

There no more the powers of hell
Can prevail to mar their peace,
Christ the Lord shall guard them well,
He Who died for their release.
Father, &c.

Earth to earth, and dust to dust,
Calmly now the words we say,
Leaving him to sleep in trust
Till the Resurrection Day.
Father, &c.

32.

I LOVE to hear the story
Which angel voices tell,
How once the King of Glory
Came down on earth to dwell.
I am both weak and sinful,
But this I surely know,
The Lord came down to save me,
Because He loved me so.

I am glad my blessèd Saviour
Was once a child like me,
To show how pure and holy
His little ones might be ;
And if I try to follow
His footsteps here below,
He never will forget me,
Because He loves me so.
I love to hear, &c.

To sing His love and mercy,
My sweetest songs I'll raise ;
And though I cannot see Him
I know He hears my praise ;
For He has kindly promised
That even I may go
To sing among His angels,
Because He loves me so.
I love to hear, &c.

33.

CHRIST, who once amongst us
As a child did dwell,
Is the children's Saviour,
And He loves us well ;

If we keep our promise,
 Made Him at the font,
He will be our Shepherd,
 And we shall not want.

There it was they laid us
 In Those tender arms,
Where the lambs are carried,
 Safe from all alarms.
If we trust His promise,
 He will let us rest,
In His arms for ever,
 Leaning on His breast.

Though we may not see Him,
 For a little while,
We shall know He holds us,
 Often feel His smile ;
Death will be to slumber,
 In that sweet embrace,
And we shall awaken,
 To behold His face.

He will be our Shepherd,
 After as before,
By still heavenly waters,
 Lead us evermore ;

Make us lie in pastures
Beautiful and green,
Where none thirst or hunger,
And no tears are seen.

Jesus, our good Shepherd,
Laying down Thy life,
Lest Thy sheep should perish,
In the cruel strife,
Help us to remember
All Thy love and care,
Trust in Thee, and love Thee,
Always, everywhere.

When a child is to be read to, it would be well to take an admirable little book of Hymns called "Hymns for Little Children" (Masters). It is invidious to select, but perhaps the following are the most suitable, 3, 4, 5, 6, 8, 9, 11, 12, 15, 20, 21, 25, 26, 27.

Help to Deepen Repentance.

I.

God made me, and preserved me, and spared me up to this day.

What return have I made, or tried to make?

I was baptised when I was an infant, and made a member of Christ.

Have I served Him, as my limbs have obeyed and served me?

Have I used the members of Christ righteously or sinfully?

I was made a child of God.

Have I loved my Father and trusted and obeyed Him as a child should do?

I was made an inheritor of the kingdom of Heaven.

Have I set my affection on things above, or on things below?

I was pledged at my baptism to renounce the devil and all his works.

Have I, after the example of the devil, been guilty of—

Pride?

:

Hatred ?

Envy ?

Lying ?

Rebellion against God ?

Slander ?

Have I tempted others to sin ?

I promised to renounce the pomps and vanity of
this wicked world ; but, have I

Loved the world more than God ?

Lived by its laws and customs rather than His ?

Tried to make a show, and be thought much of ?

Have I given more time and care to getting on in
the world, than to seeking and serving God ?

Have I given liberally according to my power, for
the love of God, to the support of His worship, the
spread of His Gospel, and to the poor so dear to
Him ?

Have I made friends with bad men ?

I promised to renounce the sinful lusts of the
flesh.

Have I been guilty of—

Greediness ?

Drunkenness ?

Sloth ?

Unclean speaking ?

Unclean actions ?

I promised to believe all the articles of the
Christian Faith.

Have I been ashamed of my faith ?

Have I been the better for my belief ?

Is there any Article of the Faith which I dislike,
and half wish not to be true ?

Have I been foolish and vain enough to slight any
doctrine of the Gospel on my own judgment ?

Have I been too idle and careless to get my
doubts removed, if I had any ?

Am I willing to die for the faith, if God will ?

O God Thou knowest the very secrets of my heart.
Be merciful to me a sinner.

I promised to keep God's holy will and command-
ments and walk in the same all the days of my
life.

But have I—

I. Believed in God and loved Him, with all my
heart, with all my mind, with all my soul, and with
all my strength ? or have I loved some person, or
some thing, or myself, better ?

II. Have I worshipped Him with reverence due,
and with the pure worship of His gospel ?

III. Have I preserved a godly fear in holy
things ?

IV. Have I kept His holy days ?

V. Have I honoured my parents and rulers ?

VI. Have I given way to hatred, and its deeds ?

VII. Have I been unclean ?

VIII. Have I been dishonest ?

IX. Have I been guilty of slander, and falsehood ?

X. Have I been covetous ?

God be merciful to me a sinner.

Look well if there be any wickedness in me, and lead me in the way everlasting.

My baptism was the beginning of a Christian life, to be carried forward according to the Gospel.

Did I then pray regularly and earnestly ?

Did I pray in sin, knowing it ?

Was I confirmed ?

Was I the better for my confirmation, or did I forget my vows ?

Did I communicate soon afterwards ?

If not, why ?

Did I leave off, and begin again at random ?

Did I never begin again ?

Did I examine myself, and try to approach worthily ?

Did I communicate in my sin, knowing it all the time ?

Have I read my Bible with care and affection ?

Have I used, or despised the holy seasons and days of the Church ?

Have I made any progress in holiness ?

Or have I gone back ?

God be merciful, &c. Purge me, &c. Wash me, &c.

II.

Help to Believe Aright.*The Creed.*

"**I BELIEVE** in God." His works witness to Him.

My body and my soul witness to Him. The wise and good in all ages, His Holy Church testify to Him. If there is no God, all is a dream. He only is the Light, and without Him all is darkness. O God confirm my faith in Thee.

"I believe in God the Father," of the only-begotten Son; of all Spirits, specially of His children by adoption and grace; of myself, even of me. O my Father may I trust Thee, love Thee, serve Thee better and better.

"I believe in God Almighty," ruler of Heaven and earth. Lord of all persons and all things; of angels and men. Whom then shall I fear, and what? Nothing comes by chance. All will be clear at last. All is good to them that love Thee. This sickness is Thy visitation. Health and strength, and life and death are in Thy Hands. I put my whole trust in Thee, and submit myself to Thy will.

"I believe in God the Father Almighty, maker of Heaven and earth." All things are thine O God.

Could they make themselves? Have I anything, except my sin, which is not Thy gift? Thou didst create the holy angels, and yet Thou carest for a worm like me. What have I here? This world will perish, and all I possess in it. If all were mine I should have nothing, if I had not Thee. Thou didst create, and Thou wilt destroy, and Thou wilt restore. We have a house not made with hands, eternal in the Heavens.

O keep me Thine for ever. Only be mine, and I shall have more than heart can desire.

“I believe in Jesus Christ, His only Son, our Lord.”

In Jesus, as the Saviour of His people from their sins. This is the Name, the only Name whereby we must be saved. This is the sweet consoling Name. O Jesus, blessed Jesus, I believe in Thee. I believe that Thou art Christ and God's anointed; anointed, when by the Holy Ghost Thou wast made very man, and anointed for Thy work at Thy Baptism; anointed, Prophet, King, and Priest, I believe in Thee as Christ.

Thou art the only-begotten Son. Angels are sons by creation, men by creation, Christians by adoption; but Thou by nature art Light of Light, very God of very God, begotten not made, of one substance with the Father, the Word of God, the Beginning and the End.

Thou art our Lord; for Thou didst make and

Thou didst redeem. Thou art our Lord because Thou art God, and our Lord because Thou art man ; our Captain, our King, the Head of the Church, the Prince of Life, King of Kings, and Lord of Lords.

I believe in Jesus Christ, the only-begotten, and our Lord. O may I live, and may I die steadfast in this faith. I believe that Jesus was conceived by the Holy Ghost, born of the Virgin Mary ; without spot of sin that He might make us clean from all sin ; and that in that wondrous Birth mankind were born again. Blessed be His name.

I believe that He did not abhor the Virgin's womb. What humiliation can there be to me after this ? God was manifest in the flesh, perfect God and perfect man in one. O mystery worthy of all faith, all love. I adore Thee, my incarnate Lord. I believe that Jesus, my Lord, suffered under Pontius Pilate, was crucified, dead, and buried, and that He descended into hell ; all this in our nature and all for us.

For us He suffered mockings, blows, spitting, the scourge, the condemnation, the way of sorrows ; for us was crucified, His Head pierced with thorns for the sins of men ; His Hands and Feet nailed to the Cross for our transgressions ; for us thirsting, for us forsaken ; for us He died a cursed death to redeem us from the curse, bearing our sins in His own Body on the tree, suffering the just for the unjust,

redeeming us by His Blood. O monstrous wickedness of my sin to require such a remedy! O unspeakable mercy and love of the Redeemer! What are my sufferings compared with Thine, O Blessed Jesus, mine my due and less than my due, but Thine, all for me. O Crucified Jesus, teach me to hate my sins, to bear my cross after Thee without a murmur. O Lamb of God that takest away the sins of the world, I believe in Thee.

Thou art the Life, but Thou didst die O Lord, to destroy death. Thou wast buried, and Thy soul did descend into the place of departed spirits, that in all Thou mightest be one with us, like to us in our lowness, that we might be like unto Thee in Thy glory. Thou hast taken away the sting of death. Shall I then fear to die? Thou hast blessed the grave by Thy presence. Shall I shrink from it? Thou hast made the place of the dead a rest in which the faithful departed are with Thee. Shall I not long for it?

I believe that on the third day Jesus rose again from the dead. O Blessed Jesus, Thou art our Life. In my Baptism I died unto sin and rose again in Thee. I live in Thee. I also shall arise, and may receive a glorious body like unto Thine, no more to thirst, nor suffer, nor die, nor be thus weak and useless as mine is now, but serve Thee for ever. By Thy Resurrection, good Lord deliver me.

I believe that my Lord ascended into Heaven, and sitteth on the Right Hand of God the Father Almighty, perfect man and perfect God. Thou didst go up, O Lord, to prepare a place for us, to open the Kingdom of Heaven, to rule the world for Thy Saints as King, to be our High Priest, to send down the Holy Ghost to be our Advocate and Intercessor. Teach me to believe in Thee and worship Thee, and to serve Thee, to long and live for Heaven ; and to come to that blessed place, where I may see Thee as Thou art, and be with Thee for ever.

From thence Thou shalt come to judge the quick and the dead. O terrible day in which for thoughts, and words, and works ; for things done, and things left undone ; for all mercies, all warnings ; for this sickness and its blessings, I must give an account. Lord have mercy upon me, the chief of sinners. O my Lord let Thy mercy rejoice against Thy judgment.

I believe in the Holy Ghost, the third Person of the blessed Trinity ; uncreate, incomprehensible, eternal ; strength, light, comfort, sanctifier, by whom the Holy Scriptures were inspired, and the Sacraments receive their grace ; by Whom I was regenerate, and by Whose aid I might have lived a holy life ; Who shall quicken my mortal body at the Resurrection. I believe in the Holy Catholic Church, the Body of Christ, the treasury of His grace, the pillar and ground of the truth, visible in this world, invisible

beyond it. I believe that the ministry of the Church hath perpetual authority to bind and to loose, to offer spiritual sacrifices, and to bless in Christ's name; and I thank God for all the benefits which I have received in His Church, and I desire to live and die a faithful member of the same, and so a member of my Lord Who is her Head. I believe in the Communion of Saints, living or departed, the fellowship in one Lord, one faith, one baptism, one God and Father of all, one Sacrifice and Communion of the Body and Blood of the Lord. I believe that we are one body in Christ, and every one members one of another.

May I, unworthy Christian as I am, share in these blessed privileges, both now and hereafter.

I believe in the forgiveness of sins, redemption through the Blood of Christ, even the forgiveness of sins given; in Baptism; in answer to Prayer; in Absolution; and in the Communion of His Blood in His Sacrament. O how much I need this forgiveness! Blessed be Thou Who wast slain to take away the sins of the world, and mine, even mine.

I believe in the resurrection of the body, through the Resurrection of Christ, sealed to us by the Communion of the risen Body of the Lord. Some will rise to everlasting life, and some to shame and everlasting contempt. O most Merciful, grant that I may rise to glory, poor sinner as I am.

I believe in the life everlasting, the life of the world to come; the everlasting fire, or the everlasting happiness. For ever! For ever! O thought of fear! O thought of bliss! What matter these sufferings! All will soon be over. Shall I behold the patriarchs, and prophets, and martyrs? Shall I be with saints and angels? Shall I know as I am known? Shall I see Thee as Thou art? Shall I become like Thee? Where Thou art, O Blessed Jesus, shall I be also? God grant it. This is my belief, and in this faith I wish to die. Lord I believe. Help Thou mine unbelief. Amen.

III.

Fuller Examination by the Commandments.

LOVE OF GOD.

IN the name of God, and in the sight of God
I ask my heart:—

Have I always believed in God? and trusted Him in time of trouble? Have I, if so, not taken any doubtful means, still less any sinful means, to obtain relief? refrained from murmuring? been calm and resigned?

Have I made a God of money ? or human praise ? or power and influence ? Have I fawned upon the great, or on the people, and been the servant of men ?

Have I been thankful to God for His mercies ?

Have I tried to love Him, and been grieved that I loved Him so little ?

Have I sought His glory, and the increase of His kingdom, and freely offered time, labour, money for His service ?

Have I been on God's side in life, not ashamed of His holiness, and His truth ; but an open, fearless soldier of Christ ?

Have I not wilfully broken His laws and defied Him, following my own will, not His, as my law ? As I grew older, did my love grow less ? and, if I have less warmth, am I, at any rate, more steady in my service, more set to obey Him, please Him, glorify Him than I was ?

O my God be merciful to me, and incline my heart &c.

Repeat this after each commandment.

II.

HAVE I never represented God to myself, not as what He is—not so just, so holy, so strict, as His Word teaches? and have I led others to think so?

Have I received and taught any false doctrine, which is an invention of men?

Have I followed any schism, the invention of men?

Have I countenanced witchcraft, or any attempt to intrude into the things hidden by God?

Have I worshipped God with my body, kneeling and standing at the appointed times in His worship?

Have I fasted at all?

III.

HAVE I taken God's Name in vain, by light talking?

By praying without care?

Have I received the Holy Communion without preparation and due reverence?

Have I been guilty of cursing and swearing?

Have I sworn falsely?

Have I kept the vows of my Baptism? of my Confirmation? my Marriage (if married)?

Have I despised God's calls and warnings?

Have I made vows in time of trouble, and forgotten them when the trouble was past?

Have I honoured the Bible, read it and spoken of it with reverence and love as God's book ?

IV.

HAVE I kept the Lord's day ?

Was I weary of it, and did I keep it only in form, and as nearly as I dared like any other day ?

Have I risen late and given to God only a small portion of the time and service due to Him ?

Have I kept the great days of the Church, or despised her authority, and neglected her ordinances ?

Have I hindered others from serving God in worship, by my self-indulgence, sloth, or example ?

Have I remembered that all my time is God's, and not to be wasted ?

Have I prayed earnestly ?

Have I longed to serve God perfectly in Heaven with the saints and angels ?

Have I loved to have His courts and service beautiful and honourable, and done my part to make them so ?

Have I given to God a due portion of my substance as well as of my time ?

Have I tried to lead others to worship the Lord ?

LOVE OF MAN.

V.

HAVE I been dutiful to my parents, loved
honoured, succoured them?

Have I been ashamed of them?

Have I spoken of their failings?

Have I been respectful to the old?

Have I been dutiful to the sovereign, magistrates,
&c.?

Have I kept the laws, and paid the taxes
honestly?

Have I revered the Church, and the ministers
of Christ?

Have I kept the laws of the Church, or despised
and broken them, as if they had no authority, and
as if I were lord over all?

Have I (if a parent) brought up my children to
God? done my best for them? been gentle, and
patient, and firm, neither indulging them, nor being
rough and severe?

Have I set them a good example?

Have I (if a master) been kind to my servants,
giving them due wages, attending to their comfort,
and still more to their spiritual welfare forbearing
threatening, gentle and kindly?

Have I (if a servant) defrauded my master by pilfering? waste? idleness? Have I obeyed, not with eye-service, but fearing God?

Have I (if a husband) been careful of my wife, loved her as myself, and attended to her happiness as my own? Have I sought God with her as heirs together of the grace of life?

Have I (if a wife) been dutiful, provident at home, meek and quiet?

VI.

HAVE I wished the death of any one?

Have I been passionate, surly, revengeful?

Have I injured any one?

If I have, have I made, or will I now make, such reparation as can be given?

Have I sown strife and dissension in Church, or State, or neighbourhood?

Have I tempted any one to sin?

Have I set a bad example?

Have I neglected the souls or bodies of others?

Have I been cruel to animals?

Have I promoted needless wars or lawsuits?

Have I been as ready to forgive as I need forgiveness at God's hands?

Am I now in charity with all men?

Have I acted as if I believed, Blessed are the meek, the merciful, the peacemakers?

VII.

HAVE I kept myself pure as being the temple of God? Have I allowed myself in unclean thoughts, words, deeds?

Have I considered things to be lawful, because they are not forbidden in so many words in the Bible, and so done them, though I could not endure that any one should know it?

Have I looked at lustful pictures, or read impure books?

Have I gone into company and places dangerous to chastity?

Have I not been greedy and gluttonous? drunk more than I needed? and been slothful—increasing the temptations of the flesh by my faults, my own grievous faults?

Blessed are the pure in heart, can I be blessed?

VIII.

HAVE I defrauded any one in buying or selling? Have I said it was a small thing, and no one would feel it?

Have I joined in tricks of trade?

Have I gambled, and lost what I had no right to lose, or won money from others by such wrong means?

Have I run into debt?

Have I paid all my debts, as far as I could ?

Am I ready now to make any restitution and repayment which is possible ?

IX.

HAVE I slandered my neighbour ?

Have I been silent when I could have justified him ?

Have I spread evil reports, which I did not know to be true, or which need not have been mentioned ?

Have I done in this matter as I would have had men do by me ?

Have I tried to govern my tongue ?

Am I ready to make amends as far as I can for any slander I have been guilty of ?

X.

HAVE I been envious ?

Have I been discontented, and covetous ?

Have I been idle and thus tempted myself to covet ?

Have I used the powers which God gave me ?

Have I distrusted the good providence of my God ?

Have I wished to have more money that I might do more good, as if God did not know what is best,

and that, if I were rich, I should be no better than other men are ?

Have I sought poverty of spirit, and believed my Lord's words, Blessed are the poor ?

And yet, O Lord, I have another heap of sins to be unloaded. My secret sins, O Lord, are innumerable ; sins I noted not, sins that I willingly neglected, sins that I have forgot, sins which a diligent and watchful spirit might have prevented, but I would not. And yet Thou hast spared me all this while, and hast not thrown me into hell, where I deserved to be long since. Blessed be Thy name, and blessed be Thy mercy, for ever and ever. Amen.

The Ministration of Private Baptism of Children in Houses.

Our Father, &c.

If the time suffices—

O MERCIFUL God, grant that the old Adam in *this Child* may be so buried, that the new man may be raised up in *him*. *Amen.*

Grant that all carnal affections may die in *him*, and that all things belonging to the Spirit may live and grow in *him*. *Amen.*

Grant that *he* may have power and strength to have victory, and to triumph, against the devil, the world, and the flesh. *Amen.*

Grant that whosoever is here dedicated to Thee by our office and ministry may also be endued with heavenly virtues, and everlastingly rewarded, through Thy mercy, O blessed Lord God, who dost live and govern all things, world without end. *Amen.*

ALMIGHTY, everliving God, Whose most dearly beloved Son Jesus Christ, for the forgiveness of our sins, did shed out of His most precious side both water and blood; and gave commandment to His disciples, that they should go teach all nations, and baptize them in the name of the Father, the Son, and the Holy Ghost; regard, we beseech Thee, the supplications of Thy congregation; sanctify this Water to the mystical washing away of sin; and grant that *this Child*, now to be baptized therein, may receive the fulness of Thy grace, and ever remain in The number of Thy faithful and elect children; through Jesus Christ our Lord. *Amen*,

The Child being named by some one that is present, the Minister shall pour water upon it, saying these words,

I BAPTIZE thee in the Name of the Father, and of the Son, and of the Holy Ghost. *Amen*.

Then all kneeling down, the Minister shall give thanks unto God, and say,

WE yield Thee hearty thanks, most merciful Father that it hath pleased Thee to regenerate *this Infant* with Thy Holy Spirit, to receive *him* for Thine own *Child* by adoption, and to incorporate *him* into Thy holy Church. And humbly we beseech Thee to grant, that *he*, being dead unto sin, and living unto

righteousness, and being buried with Christ in His death, may crucify the old man, and utterly abolish the whole body of sin ; and that, as *he is* made *partaker* of the death of Thy Son, *he* may also be *partaker* of His resurrection ; so that finally, with the residue of Thy holy Church, *he* may be an *inheritor* of Thine everlasting kingdom ; through Christ our Lord. *Amen.*

THE END.

LONDON :
R. CLAY, SONS, AND TAYLOR,
BREAD STREET HILL, E.C.

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Table 1. Mean (SD) age, height, weight, and body mass index (BMI) of the participants in each group

Group	Age (years)	Height (cm)	Weight (kg)	BMI (kg m ⁻²)
Control	12.5 (0.5)	150.5 (6.5)	40.5 (10.5)	17.8 (3.5)
Low	12.5 (0.5)	150.5 (6.5)	35.5 (8.5)	15.8 (3.0)
High	12.5 (0.5)	150.5 (6.5)	45.5 (12.5)	20.0 (4.0)

Table 2. Mean (SD) age, height, weight, and body mass index (BMI) of the participants in each group at baseline and follow-up

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Table 5. Mean (SD) age, height, weight, and body mass index (BMI) of the participants in each group at baseline and follow-up

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